

Bob That Head

48 Count, 4 Wall, Improver

Choreographer: Michele (Russell) Cooke (USA) July 08

Choreographed to: Bob That Head by Rascal Flatts

CD: Still Feels Good

TOUCH TOES, HOLD, STOMP, HOLD WHILE BOBBING HEAD

- 1-4 Touch right toe forward with right knee turned inwards, hold, stomp beside left, hold
Bob head down & up to right and home
- 5-8 Touch left toe forward with left knee turned inwards, hold, stomp beside right, hold
Bob head down & to left and home
- 9-16 Repeat steps 1-8

TWO MONTEREY TURNS WHILE BOBBING HEAD

- 17-20 Touch right to side, turn $\frac{1}{2}$ turn right and step right together, touch left to side, step left together
Bob head to right when touching right, bob head to left when touching left
- 21-24 Repeat steps 17-20

BASIC HEEL JACK

- 25-28 Step right diagonally back, extend left diagonally forward, step left to home, step right together

TWO SYNCOPATED HEEL JACKS, (JUMP APART TOGETHER, APART TOGETHER; RIGHT AND THEN LEFT)

- 29-30 Jump with feet apart (right at 5:00 and left at 11:00), jump bringing feet together in home position
- 31-32 Jump with feet apart (left at 7:00 and right at 1:00), jump bringing feet together in home position
- 33-36 Repeat 29-32

HEEL HOOKS, HEEL HOME WITH $\frac{1}{4}$ TURN LEFT

- 37-40 Extend right heel forward, hook right across left, extend right forward, return right to home position
- 41-44 Extend left heel forward, hook across right, extend left leg forward, pivoting on right turning $\frac{1}{4}$ turn left, bring left heel home beside right
- 45-48 Standing in place bob head to right, left, right, left

Music download available from iTunes
