

Before I Fall

64 Count, 2 Wall, Improver

Choreographer: Jo Woods (USA) Sept 2015

Choreographed to: Before I Fall by The Storys.

Album: Luck

Intro: 16 counts, start on lyrics

- S1: R SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, TOUCH**
1-4 Step R to R side, touch L to R, step L to L side, touch R to L
5-8 Step R to R side, step L next to R, step R forward, touch L to R
- S2: L SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, BRUSH**
1-4 Step L to L side, touch R to L, step R to R side, touch L to R
5-8 Step L to L side, step R next to L, step L forward, brush R forward
- S3: R ROCKING CHAIR, STEP, ¼ TURN L, CROSS, HOLD**
1-4 Rock forward on R, recover onto L, rock back on R, recover on to L
5-8 Step R forward, pivot ¼ turn L, cross R over L, hold
- S4: L WEAVE, SIDE ROCK, RECOVER, BACK ROCK, RECOVER**
1-4 Step L to L side, cross R behind L, step L to L side, cross R over left
5-8 Rock L to L side, recover onto R, rock L back, recover onto R
- S5: L LOCK STEP, BRUSH, STEP ½ TURN L, STEP FWD, HOLD**
1-4 Step L forward, lock R behind L, step L forward, brush R forward
5-8 Step R forward, pivot ½ turn L, step R forward, hold
- S6: ½ TURN R, TOUCH, ½ TURN R, BRUSH, L LOCK STEP**
1-4 ½ turn R stepping back on L, touch R to L, ½ turn R stepping forward on L, brush L forward
(Easier option: Step L forward, touch R to L, step R forward, brush L forward)
5-8 Step L forward, lock R behind L, step L forward, brush R forward
- S7: STEP R FORWARD, TOUCH BACK, STEP BACK, TOUCH, R BACK LOCK STEP, HOLD**
1-4 Step R forward, touch L behind R, step L back, touch R to L
5-8 Step R back, lock L over R, Step R back, hold
- S8: L COASTER STEP, HOLD, JAZZ BOX, ¼ TURN, CROSS**
1-4 Step L back, step R to L, step L forward, hold
5-8 Cross R over L, step L back making ¼ turn R, step R to R side, cross L over R (6.00)
- TAG 1 (8 counts): End of wall 4 facing (12.00)**
R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,
1-4 Step R to R side, recover on L, cross R over L, hold
5-8 Step L to L side, recover on R, cross L over R, hold
- TAG 2 (16 counts): End of wall 5 facing (6.00)**
R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,
STEP, ½ TURN L, STEP FWD, HOLD, STEP, ½ TURN R, STEP FWD, HOLD
1-4 Step R to R side, recover on L, cross R over L, hold
5-8 Step L to L side, recover on R, cross L over R, hold
9-12 Step R forward, pivot ½ turn L, step R forward, hold
13-16 Step L forward, pivot ½ turn R, step L forward, hold