

Eat Your Heart Out

64 Count, 2 Wall, Intermediate

Choreographer: Ross Brown (UK) Sept 2015

Choreographed to: La Mordidita by Ricky Martin feat. Yotuel

CD: A Quien Quiera Escuchar (142 bpm - 3:32)

Intro : 16 Counts (Approx. 15 Seconds)**S1: HEEL GRIND ¼ TURN R. SIDE ¼ TURN R, SIDE POINT. ROLLING VINE FULL TURN L into CHASSE LEFT.**

- 1 – 2 Touch right heel across left, make a ¼ turn right twisting on right heel and stepping back with left.
3 – 4 Make a ¼ turn right stepping right to the right, point left to the left.
5 – 6 Make a ¼ turn left stepping forward with left, make a ½ turn left stepping back with right.
7 & 8 Make a ¼ turn left stepping left to the left, close right up to left, step left to the left. (6:00)

S2: JAZZ BOX with SHIMMIES. STEP, PIVOT ½ TURN L. ROCK FORWARD.

- 1 – 4 Cross step right over left, step back with left, step right to the right, step forward with left.
5 – 8 Step forward with right, pivot a ½ turn left, rock forward with right, recover onto left. (12:00)

S3: WALK BACK with SWIVELS. COASTER STEP. STEP, LOCK. STEP, LOCK, STEP.

- 1–2–3 Step back with right and swivel left toe out, step back with left and swivel right toe out, step back with right and swivel left toe out.
4 & 5 Step back with left, step right next to left, step forward with left.
6 – 7 Step forward with right, lock left behind right.
8 & 1 Step forward with right, lock left behind right, step forward with right. (12:00)

S4: ROCK FORWARD. SHUFFLE ½ TURN L. STEP, PIVOT ½ TURN L. SIDE ¼ TURN L, TOGETHER.

- 2 – 3 Rock forward with left, recover onto right.
4 & 5 Shuffle a ½ turn left stepping; left, right, left.
6 – 7 Step forward with right, pivot a ½ turn left.
8 & Make a ¼ turn left stepping right to the right, step left next to right. (9:00)

S5: HIP ROCKS. HINGE ½ TURN, TOGETHER. X2.

- 1–2–3 Step right to the right rocking your hips; right, left, right.
4 & Make a hinge ½ turn right stepping left to the left, step right next to left.
5–6–7 Step left to the left rocking your hips; left, right, left.
8 & Make a hinge ½ turn left stepping right to the right, step left next to right. (9:00)

S6: SIDE ROCK. WEAVE LEFT. CROSS SHUFFLE.

- 1 – 2 Rock right to the right, recover onto left.
3 – 6 Cross step right over left, step left to the left, cross step right behind left, step left to the left.
7 & 8 Cross step right over left, close left up to right, cross step right over left. (9:00)

S7: (SQUARE with SHIMMIES) BACK ¼ TURN R, STEP ¼ TURN R, BACK ¼ TURN R. CHASSE RIGHT. JAZZ BOX.

- 1–2–3 Make a ¼ turn right stepping back with left, make a ¼ turn right stepping forward with right, make a ¼ turn right stepping back with left.
4 & 5 (Moving slightly back) Step right to the right, close left up to right, step right to the right.
6–7–8 Cross step left over right, step back with right, step left to the left. (6:00)

S8: WEAVE LEFT, FLICK. WEAVE RIGHT, SIDE POINT.

- 1 – 4 Cross step right over left, step left to the left, cross step right behind left, flick left to the left.
5 – 8 Cross step left over right, step right to right, cross step left behind right, point right to the right. (6:00)

END OF DANCE!