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## I Feel Good Today

48 Count, 4 Wall, Improver/Intermediate

Choreographer: Ivan Garcia (USA) Sept 2015

Choreographed to: I Feel Good by Thomas Rhett.

Album: Tangled Up

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**Count In: 16 counts from start of track, dance begins on vocals.**

**Tags: 1 Tag before starting the 3rd wall; you will be facing (6:00) and repeat 48ct.**

**S1: ROCK FORWARD R, RECOVER L, BACK SHUFFLE R, 1/4 TURN HING L WITH SIDE POINT TOUCH R, STEP R WITH 1/2 TURN, SIDE ROCK L, RECOVER R**

1 2 Rock RF forward (1), recover on LF (2) (12:00)  
3&4 Shuffle back; right (3) left (&) right (4)  
5 6 Step LF back with 1/4 turn left (5), side point touch RF (6) (9:00)  
7&8& Step on RF with 1/2 turn (7), side rock LF (&), recover on LF (8) (3:00)

**S2: CROSS L OVER R, SIDE ROCK R, CROSS R OVER L, SIDE STEP L WITH L SWAY, SWAY R, HIP BUMPS L X2**

1 2 Cross LF over RF (1), Side rock RF (2)  
3 4 Recover on LF (3), Cross RF over LF (4)  
5 6 Side step LF with Left Sway (5), Sway to Right (6)  
7&8& Hip bump Left (7), Move hip slightly right (&), Hip bump left (8) (3:00)

**S3: CROSS ROCK R OVER L, RECOVER L, SIDE SHUFFLE R, CROSS STEP L OVER R, 1/2 TURN FORWARD SHUFFLE L**

1 2 Cross rock RF over LF (1), Recover on RF (2) (3:00)  
3&4 Side shuffle Right; Right (3), Left (&), Right (4)  
5 6 Cross LF over RF (5), Recover on RF (6) (3:00)  
7&8& Shuffle LF with 1/2 turn Left; Left (7), Right (&), Left (8) (9:00)

**S4: ROCK FORWARD R, RECOVER L, COASTER STEP R, ROCK FORWARD L, RECOVER R, STEP TOGETHER, ROCK BACK R, RECOVER L**

1 2 Rock forward RF (1), Recover LF (2)  
3&4 Right step behind (3), Left step beside Right (&), Left step forward (4)  
5 6 Rock forward LF (5), Recover back onto RF (6)  
& 7 8& Step LF beside RF (&), Rock back RF (7), Recover forward onto LF (8) (9:00)

**S5: CROSS R, SIDE ROCK L, CROSS L, SIDE ROCK R (or Diagonal Cross side rock X2), JASS BOX R AND CROSS**

1&2 Step RF forward and slightly across LF (1), rock ball of LF to left side (&), recover weight RF (2) (1:30)  
3&4 Step LF forward and slightly across RF (3), rock ball of RF to right side (&), recover weight LF (4) (10:30)  
5 6 Step RF over LF (5), LF step back (6) (SQUARE OFF @ 9:00)  
7 8 Step RF to RF side (7), step LF across RF (8)

**S6: CHASSE R, ROCK BACK ON LEFT AND RECOVER ON RIGHT, CHASSE L, ROCK BACK ON RIGHT, RECOVER ON LEFT**

1&2 Side RF shuffle; right (1), left (&), right (2)  
3 4 Rock LF behind RF (3), recover onto RF (4)  
5&6 Side LF shuffle; left (5), right (&), left (6)  
7 8 Rock RF straight behind LF (7), recover onto LF (8) (9:00)

**REPEAT**

**TAG: BEFORE STARTING THE 3 WALL, DO: -**

**DIAGONAL STEP TOUCH FORWARD, RIGHT, LEFT WITH HIP BUMPS, DIAGONAL STEP TOUCH BACK, RIGHT, LEFT WITH HIP BUMPS**

1 2 Step right diagonally forward (1), touch left together with R hip bump (2)  
3 4 Step left diagonally forward (3), touch right together with L hip bump (4)  
5 6 Step right back to right diagonal (5), touch left together with R hip bump (6)  
7 8 Step left back to left diagonal (7), touch right together with L hip bump (8)

**Very funky dance...keep dancing.**

