

Music To My Soul

32 Count, 4 Wall, Intermediate

Choreographer: Cato Larsen (NO), Jo Kinser & John Kinser
(UK) Sept 2015Choreographed to: Music To My Soul by Cee Lo Green
(iTunes, Amazon)**Intro: Start the dance at vocals after 8 counts of intro. (10 seconds).****Motion: Smooth (West Coast Swing).****1 – 8 Walk forward, Sailor ½ turn, ½ Pivot turn, Back, Coaster Step.**

- 1,2 Step forward right (1), Step forward left (2).
3& Cross right behind left (3), Pivot ¼ turn right Stepping left next to right (&). 3:00
4 Pivot ¼ turn right Stepping slightly forward on right (4). 6:00
5,6 Pivot ½ turn right Stepping back on left (5), Step back on right (6). 12:00
7&8 Step back on left (7), Step right next to left (&), Step forward on left (8).

9 – 16 Walk forward with Hip Bumps, Mambo Step, Long Step back with Drag.

- 1& Touch ball of right foot forward and Bump hips forward right (1), Bump hips back (&).
2 Step forward on right (2).
3& Touch ball of left foot forward and Bump hips forward left (3), Bump hips back (&).
4 Step forward on left (4).
5&6 Step forward on right (5), Rock (recover) back again onto left (&), Step back on right (6).
7,8 Step left long step back (7), Drag right foot next to left (8).

Restart from here on walls. 2, 5 & 8 (You will be facing 3:00, 9:00 & 3:00).**17 – 24 ¼ turn Ball-Cross, Hold, & Cross & Cross, Side Press, Recover, Weave.**

- &1,2 Step ball of right next to left (&), Pivot ¼ turn left Crossing left over right (1), Hold (2). 9:00
&3 Step right slightly right side (&), Cross left over right (3).
&4 Step right slightly right side (&), Cross left over right (4).
5,6 Press right foot to right side (5), Recover weight onto left (6).
7&8 Cross right behind left (7), Step left to left side (&), Cross right over left (8).

25 – 32 Prep left, Prep right, ¼ turn into Chase ½ turn, Rock Step, Sweep, Sailor ¼ turn, Ball-Step.

- 1 Step left to left side Prepping upper body to left side (1).
2 Step right to right side Prepping upper body to right side (2).
3& Pivot ¼ turn left Stepping forward on left (3), Step forward on right (&). 6:00
4 Pivot ½ turn left (4). 12:00
5,6 Step forward on right (5), Rock (recover) weight back again onto left (6).
& Sweep right foot out and back (&).
7& Cross right behind left (7), Pivot ¼ turn right Stepping left next to right (&). 3:00
8& Step right slightly forward (8), Step ball of left next to right (&).