

## A Better Man

64 Count, 2 Wall, Intermediate  
Choreographer: Chris Jones (UK)Choreographed to: Loving You Makes Me A Better  
Man by Hal Ketchum

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### BACK ROCK, DIAGONAL RIGHT LOCKS FORWARD, ROCK FORWARD, DIAGONAL LEFT LOCKS FORWARD

- 1-2 Cross rock right behind left rock back onto left  
3&4 Right diagonally forward to right, lock left behind right, right diagonally forward  
5-6 Rock diagonally forward onto left, recover onto right  
7&8 Left diagonally forward to left, lock right behind left, left diagonally forward

### ROCK FORWARD, RECOVER, ½ TURN RIGHT SHUFFLE, ½ TURN LEFT SHUFFLE, RIGHT COASTER STEP

- 9-10 Rock forward on right, rock back onto left  
11&12 Turn ½ to right stepping right forward, left up to right, right forward  
13&14 Turn ½ to right stepping left back, right up to left, left back  
15&16 Right back, step left next to right, step right forward

### WALK LEFT RIGHT, KICK & TOUCH, SAILOR STEP, ¼ TURNING SAILOR STEP

- 17-18 Walk forward left then right  
19&20 Kick left forward, replace left, touch right to the right side  
21&22 Cross right behind left, step left to left side, step right to right side  
23&24 Turn ¼ left stepping left behind right, step right to right side, step left to left side

### RIGHT SHUFFLE FORWARD, ½ TURNING SHUFFLE, ROCK BACK RECOVER STEP FORWARD TOUCH

- 25&26 Right forward, step left up to right, right forward  
27&28 Turn ½ to right stepping left back, right up to left, step left back  
29-30 Rock back onto right, forward left  
31-32 Step forward right, touch left next to right

### KICK LEFT FORWARD & TOUCH TOE BACK, TURN ¼ RIGHT, TOUCH TOE BACK & TOE FORWARD, RIGHT SHUFFLE FORWARD, LEFT KICK OUT OUT

- 33&34& Kick left forward, replace left, touch right toe back, turn ¼ right stepping on right  
35&36 Touch left toe back, replace left, touch right toe to left toe  
37&38 Right forward, step left up to right, right forward  
39&40 Kick left forward, step left to left side, step right to right side

### BUMP RIGHT LEFT RIGHT, LEFT RIGHT LEFT, STEP SIDE TOGETHER SIDE TOGETHER SIDE

- 41&42 Bump hips right left right  
43&44 Bump hips left right left,  
45-46 Step right to right side, step left next to right  
47&48 Step right to right step left next to right step right to right side

### ¼ TURNING LEFT SHUFFLE, ROCK FORWARD RECOVER, ¾ TURNING SHUFFLE LEFT SHUFFLE FORWARD

- 49&50 Turn ¼ left stepping left forward, step right to left, step left forward  
51-52 Rock forward right, rock back onto left  
53&54 Turn ¾ to right stepping forward right, step left to right, step forward right  
55&56 Left forward, step right up to left, left forward

### ROCK FORWARD RECOVER, ½ RIGHT SHUFFLE STEP TO LEFT SIDE & 2 X, SYNCOPATED SAILORS

- 57-58 Rock forward right rock back onto left  
59&60 Turn ½ to right stepping forward right, step left up to right, right forward  
61&62& Step left to side, step right behind left, step left to left, step right to right side  
63&64 Step left behind right, step right to right side, step left to left side (angling body to right)

### REPEAT

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