

## B'n'B (Big And Beautiful)

32 Count, 4 Wall, Improver

Choreographer: Elina Kärkkäinen Heed (Sweden)

July 2007

Choreographed to: Big Girl (You Are Beautiful) by

Mika, Life In Cartoon Motion CD

---

### **Step Right, Twist, ¼ Turn Right, Step Back, Coaster Step, Point, Step**

- 1 - 2 Step right to right side, Swivel heels to right,
- 3 - 4 Swivel heels to left and ¼ turn to right, Step right back,
- 5 - 6 Step left back, Step right next to left,
- 7 - 8 Step left forward, Point right toe to right side,

### **Wave, Full Turn Right, Right Chasse**

- 1 - 2 Cross right foot over left, Step left to left,
- 3 - 4 Cross right foot behind left, Step left to left side and ¼ turn to left,
- 5 - 6 ¼ turn right and step right to right, ½ turn right and step left to left,
- 7 & 8 Step right to right, Step left next to right, Step right to right,

### **Cross Rock, ¼ Turn Left And Shuffle, Step, Point, 2 x Heel Bounce with ¼ Turn Right**

- 1 - 2 Cross rock left over right, Recover onto right,
- 3 & 4 ¼ turn left and step left forward, Step right next to left, Step left forward,
- 5 - 6 Step right forward, Point left toe to left side,
- 7 - 8 Drop left heel and ¼ turn right, Drop left heel again

### **Walk Back x 3, Point, 4 x Heel Bounce**

- 1 - 3 Walk back – right, left, right,
  - 4 Point left toe to left side,
  - 5 - 8 Drop left heel 4 times in the floor.
-