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## Higher Ground

32 Count, 4 Wall, Beginner

Choreographer: Irene Deng (Taiwan) Sept 2015

Choreographed to: Higher Ground by Michael Marsh  
(3:10 – 116 bpm - iTunes)

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### Intro : 32 Count , Drumbeat start counting (Approx. 18 Seconds Into Track)

#### **1-8 STEP, HITCH, SIDE, HIPSWAY, ROCK, RECOVER, SIDE, WEAVE**

- 1 – 2 Step Rf forward(1), Hitch Lf (2)
- 3 & 4 Step Lf to left side and do the hip sway(LRL)
- 5 & 6 Rock Rf behind Lf (5), Recover on Lf(&), Step Rf to right(6)
- 7 & 8 Cross Lf behind Rf (7), Step Rf to right(&), Cross Lf over Rf(8)(12:00)

#### **9-16 ROCK, RECOVER, KICKBALL CHANGE, CROSS, ¼ TURN LEFT, COASTER**

- 1 – 2 Rock Rf to right (1), Recover on Lf (2)
- 3&4& Cross Rf over Lf (3), Step Lf to left (&), point R heel diagonal forward(1:30) (4), Step Rf in place(&)
- 5 – 6 Cross Lf over Rf (5), ¼ turn left step Rf forward (6)(9:00)
- 7 & 8 Step Lf back (7), Step Rf beside Lf (&) Step Lf forward (9:00)

#### **17 – 24 SKATE RF, SKATE LF, COASTER, LOCK STEP, PIVOT, HALF TURN LEFT**

- 1– 2 Skate Rf to right out (1), Skate Lf to left out (2)
- 3 & 4 Step Rf back (7), Step Lf beside Rf (&), Step Rf forward (9:00)
- 5 & 6 Step Lf forward (5), Lock step Rf behind Lf(&), Step Lf forward(6)
- 7 - 8 Pivot Rf 1/2 turn left (7), Step Lf forward(8)

#### **25 – 32 WALK x 3, TOGETHER, BACK, BACK x 2, COASTER**

- 1 – 2 Walk forward (R L ) (3:00)
- 3 & 4 Step Rf forward(3), Step Lf beside Rf(&), Step Rf back(4)
- 5 – 6 Walk back (L R)(5.6)
- 7 & 8 Step Lf back (7), Step Rf beside Lf (&), Step Lf forward (9:00)

**Proposal : For Hand movements refer to the demo**

**Have fun!!! Happy Dance**