



Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

It's Only 'Cause You're Lonely

32 Count, 1 Wall, Beginner, Circle or Contra

Choreographer: Karine Moya (FR) Sept 2015

Choreographed to: It's Only 'Cause You're Lonely by Déril Dodd

Intro : 32 Count

Start position Circle : Face inside the Circle OR

Start position Circle Contra Mixer : The two lines are facing each other, dancers in staggered row

1 RIGHT VINE ½ TURN, SCUFF, LEFT VINE ½ TURN, SCUFF

1 2 Step right to the right side, Step left behind right ,

3 4 ¼ Turn right Step right forward, ¼ Turn right Scuff

5 6 Step left to the left side, step right behind left ,

7 8 ¼ Turn left Step left forward, ¼ Turn left Scuff

2 STEP RIGHT FORWARD, LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK BACK & SLAP, STEP RIGHT FORWARD, LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK ACROSS LEFT & SLAP,

1 2 Step right forward, Slap left heel behind right with right hand

3 4 Step left back, Slap right heel behind left with left hand

5 6 Step right forward, Slap left heel behind right with right hand

7 8 Step left back, hook right across left & Slap

Option Easy: Slap your right knee

RESTARTS: Here Walls 4, 7, 9

3 RIGHT STEP LOCK STEP, SCUFF, (LINKING PARTNERS RIGHT HAND ½ TURNING RIGHT) 1/8 TURN WALK, 1/8 TURN SCUFF, 1/8 TURN WALK, 1/8 TURN SCUFF

1 2 3 4 Step right forward, Lock left behind right, Step right forward, Scuff

Linking Partners Right hand during the ½ Turn (Just for CIRCLE CONTRA MIXER)

5 6 1/8 Turn right Walk, 1/8 Turn right Scuff

7 8 1/8 Turn right Walk, 1/8 Turn right Scuff

4 LEFT STEP LOCK STEP, SCUFF, , STEP RIGHT FORWARD, ½ TURN LEFT, RIGHT SIDE POINT, POINT RIGHT BEHIND LEFT & TURN YOUR HEAD TO THE LEFT

1 2 3 4 Step left forward, Lock right behind left, Step left forward, Scuff

5 6 Step right forward, 1/2 Turn left (Weight on left)

7 8 Touch point right to the right side, Point right behind left & Turn your head to the left