

See The Day

51 Count, 2 Wall, Improver

Choreographer: Val O'Connor (UK) Sept 2015

Choreographed to: See The Day by Girls Aloud (3.41mins)

Album: Chemistry (Modern)

INTRO: 27 COUNTS, START ON VOCALS

R CROSS SIDE ROCK, L OVER SIDE BEHIND

1-2-3 Cross R over L, L side rock, recover weight on R
4-5-6 Cross L over R, step R to R side, cross L behind R

SIDE R, L CROSS ROCK, ¼ L, ¼ L, L BEHIND

1-2-3 Step R to R side, cross rock L over R, recover onto R
4-5-6 ¼ L stepping forward on L, ¼ L stepping R to R side, cross L behind R (6 o'clock)

SWAY RLR, 1/4 LEFT, FULL TURN L

1-2-3 Sway R to R side, sway L to L side, sway R to R side
4-5-6 ¼ L stepping forward on L, ½ L stepping back on R, ½ L stepping forward on L (3 o'clock)

LUNGE/ROCK FORWARD R, BACK ON L, BACK R, L COASTER CROSS

1-2-3 Lunge or rock forward on R, recover weight back on L, step back on R
4-5-6 Step back on L, step R next to L, cross L over R (facing R diagonal)

R DIAGONAL BASIC WALTZ STEPS, BASIC WALTZ STEPS FACING MAIN WALL,

1-2-3 (Facing R diagonal) Step forward on R, step L next to R, step R in place next to L
4-5-6 (Facing main wall ahead) Step back on L, step R next to L, step L in place next to R (3 o'clock)

L DIAGONAL BASIC WALTZ STEPS, BASIC WALTZ STEPS FACING MAIN WALL

1-2-3 (Facing L diagonal) Step forward on R, step L next to L, step R in place next to L
4-5-6 (Facing main wall ahead) Step back on L, step R next to L, step L in place next to R (3 o'clock)

OPTION ENDING: 4-5-6 Step back on L, cross R over L, unwind ½ L (5th wall)

1/2 R BASIC WALTZ STEPS, BACK LRL

1-2-3 Step forward on R, ½ R step back on L, step R next to L (9 o'clock)
4-5-6 Step back on L, step R next to L, step L in place next to R

STEP FORWARD R, BRUSH/SCUFF L, STEP FORWARD L, STEP R, ¼ L, CROSS R, SWAY LRL

1-2-3 Step forward on R, brush/scuff L, step forward on L
4-5-6 Step forward on R, pivot ¼ L stepping L to L side, cross R over L (6 o'clock)
1-2-3 Sway L to L side, sway R to R side, sway L to L side

END OF DANCE