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Since 1980

32 Count, 4 Wall, Beginner

Choreographer: Carrie Ann Green (ES) Pat Stott (UK)

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Choreographed to: Overload by Tina Arena

32 Count intro from main beat, commence after 16 seconds from start of track.

No Tags, No Restarts

Section 1 STEP FORWARD TOUCH, BACK KICK, WALK BACK X 3, HITCH LEFT

- 1-2. Step forward on right (leaning fwd slightly) tap left behind right
- 3-4. Step back on left, kick right forward
- 5-8. Walk back right, left, right, hitch left foot next to right (toes pointing down)

Section 2 POINT LEFT - SIDE, FWD, SIDE, FLICK. LEFT SIDE TOGETHER ¼ TURN, BRUSH

- 1-2. Point left toe to left side (1), point left forward (2)
- 3-4. Point left toe to left side (3) flick left behind right (4)
- 5-6. Step left to left side, close right beside left
- 7-8. 1/4 turn left, stepping forward left, brush right forward (9.00)

Section 3 RIGHT TOE STRUT, KICK X 2, LEFT TOE STRUT KICK X 2.

- 1-2. Touch right toe forward, Drop right heel
- 3-4. Kick left twice to left diagonal (angling body slightly left)
- 5-6. Touch left toe forward, drop left heel
- 7-8. Kick right twice to right diagonal (angling body slightly right)

Section 4 GRAPEVINE RIGHT, TOGETHER, BUMP X 2, SIDE TOUCH

- 1-2. Step right to right side, step left behind right
- 3-4. Step right to right side, step left together
- 5-6. Bump left hip to side, bump right hip to side
- 7-8. Step left to left side, touch right next to left