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## I'm In Overload

32 Count, 4 Wall, Improver

Choreographer: Pat Stott (UK) Carrie Ann Green (ES)

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Choreographed to: Overload by Tina Arena

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**32 Count intro from main beat, commence after 16 seconds from start of track.**

**No Tags, No Restarts**

**Section 1      STEP BACK SWEEP X 2, BACK X 3, HITCH LEFT.**

- 1-2.      Back on right toe, lower heel with large sweep back with left
- 3-4.      Back on left toe, lower heel with large sweep back with right
- 5-6.      Back right, back left (with small sweeps in between)
- 7-8.      Back on right, hitch left knee up in front of right

**Section 2      LEFT LOCK, LEFT LOCK STEP, JAZZ BOX ¼ TURN, CROSS.**

- 1-2.      Step fwd on left, lock right behind left.
- 3&4.      Step fwd on left, lock right behind left, Step fwd on left.
- 5-6.      Cross right over left, step back on left
- 7-8.      Step 1/4 turn right, cross left over right (3.00)

**Section 3      SIDE ROCK CROSS SHUFFLE, STEP, DRAG, BALL, CROSS, SIDE**

- 1-2.      Rock right to right, recover on left
- 3&4.      Cross right over left, left to left, cross right over left
- 5-6.      Step left to left, drag right towards left
- &7&8.      Step on ball of right, cross left over right, step right to right

**Section 4      COASTER 1/4 TURN LEFT, ROCK, RECOVER, TOUCH BEHIND, 1/2 TURN. RIGHT, STEP FORWARD ON LEFT, LIFT RIGHT FOOT BEHIND LEFT IN FIGURE 4 AS YOU TURN 1/4 LEFT**

- 1&2.      Turn 1/4 left stepping back on left, close right to left, step forward on left (12.00)
- 3-4.      Rock forward on right, recover on left
- 5-6.      Touch right toe back, turn 1/2 right transferring weight to right (6.00)
- 7-8.      Step forward on left, pivot 1/4 left on left with right foot behind left calf (shape of figure 4) (3.00)