

## Overload

64 Count, 2 Wall, Intermediate

Choreographer: Pat Stott (UK) Carrie Ann Green (Spain)

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Choreographed to: Overload by Tina Arena

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32 Count Intro, commence after 16 seconds from start of track.

- 1 WALK FORWARD RIGHT LEFT, JUMP FORWARD OUT-OUT, HITCH, R BACK-LOCK-BACK LOCK STEP**  
1-2. Walk forward right, walk forward left  
&3- 4 Step forward Right, Step forward Left, Hitch Right knee  
5-6 Step Back on Right, Lock Left Over Right  
7&8 Step Back on Right, Lock Left Over Right, Step Back on Right
- 2 LEFT TOUCH BACK, ½ LEFT UNWIND, RIGHT FWD, ¼ LEFT PIVOT TURN, HEEL GRIND ¼, RIGHT COASTER**  
1-2 Touch left back, unwind ½ left stepping down on Left (6.00)  
3-4 Step Right forward, pivot ¼ left (3.00)  
5-6 Dig right heel across left. Grind right heel making ¼ turn right stepping left back (6.00)  
7&8 Step back on Right. Step Left beside Right. Step forward on Right
- 3 STEP FORWARD, KNEE LIFT (FIGURE 4) ½ TURN RIGHT, STEP BACK ON RIGHT, ¼, RIGHT, STEP LEFT TO LEFT SIDE BEHIND SIDE, CROSS SHUFFLE**  
1-2 Step fwd Left, (1), Right knee lift into figure 4 position, tuck foot behind Left calf, ½ turn right (2) (12.00)  
3-4 Step back on right(3), ¼ turn Right and step left to left side (4) (3.00)  
5-6 Cross right behind left. Step left to side.  
7&8 Cross right over left. Step left to side. Cross right over left
- 4 STEP LEFT SIDE, POINT RIGHT, CROSS SAMBA, JAZZ BOX**  
1-2 Step left to side, point right to right side (toe pointing forward, leaning body to left)  
3&4 Cross Right over Left, Rock Left to Left Side, Recover on Right  
5-8 Cross Left over Right. Step Right back, Step left foot to left side, touch right foot next to left
- 5 STEP BACK SWEEP X 2, BACK X 3, HITCH LEFT.**  
1-2 Back on right toe, lower heel with large sweep back with left  
3-4 Back on left toe, lower heel with large sweep back with right  
5-6 Back right, back left (with small sweeps in between)  
7-8 Back on right, hitch left knee up in front of right
- 6 STEP FORWARD, TAP, STEP BACK, HOOK, LEFT LOCK LEFT, ½ LEFT HITCH**  
1-2 Step forward on left slightly leaning forward, tap right behind left  
3-4 Back on right, hook left in front of right  
5-6-7 Step forward on left, lock right behind left, step forward on left  
8 Turn ½ left turning on ball of left foot hitching right foot next to left leg (toes pointing down)(9.00)
- 7 WEAVE RIGHT, STEP DRAG LEFT, STEP DRAG RIGHT**  
1-4 Weave right - side, behind, side, in front  
5-8 Step right to right side, drag left, step left to left side, drag right
- 8 ROCK BACK, RECOVER, ¼ TURN LEFT, RONDE, BEHIND, SIDE, BALL STEP RIGHT, TOGETHER**  
1-2 Rock back on right, recover on left  
3-4 Turn ¼ left stepping right to right side, ronde left round (6.00)  
5-6 Step left behind right, Step to right side  
&7-8 Step ball of Left next to Right. Step right to right side. Step left next to right. (weight on left)

**Ending Wall 6 facing front wall (12.00) section 8: counts 5-6**

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