

Blue Velvet

32 count, 4 wall, beginner/intermediate level

Choreographer: Val Hamby (UK) 1998

Choreographed to: I Know a Heartache by Jo Dee

Messina or any medium paced Cha Cha Shuffle

	KICK BALL CHANGE, 1/4 TURNS
1&2	Kick right foot, weight on ball of right foot, weight back onto left foot
3&4	Kick right foot, weight on ball of right foot, weight back onto left foot
5 6	Step right foot forward, pivot 1/4 turn left
7 8	Step right foot forward, pivot 1/4 turn left
	STEP/ROCK, SHUFFLE RIGHT, 1/2 TURN
9 10	Step right foot forward, rock back on left
11&12	Right shuffle turning 1/2 turn right, (right, left, right)
	STEP/ROCK, SHUFFLE BACK
13 14	Step left foot forward, rock back on right
15&16	Shuffle back (left, right, left)
	KICKS, SAILOR STEP
17 18	Kick right foot forward, kick right to right diagonal
19&20	Cross right foot behind left foot, step left to left side, step right in front of left
	POINT/ACROSS, 1/2 UNWIND, HOLD
21 22	Point left toe to left side, step left foot across right
23 24	Point right toe to right side, step right foot across left
25 26	Point left toe to left side, step left foot across right
27 28	Unwind 1/2 turn to right, weight on left, hold for one count
	ROCKS, 1/4 TURN
29 30	Step right foot to right side rocking to right, rock side on left
31 32	Step forward on right, rocking to right, 1/4 turn left, rocking onto left
