

Body On Me

48 Count, 4 Wall, Intermediate

Choreographer: Matthew Grocott (UK) Aug 2015

Choreographed to: Body on Me by Rita Ora feat. Chris Brown
Radio Edit

Start on 'Baby lets cut down'**S1 Rock Out, Recover, Crossing Shuffle, Rock Out, Recover, Behind - Side - Cross**

- 1-2 Rock out to right side, Recover on left
3&4 Cross right over left, Step left slightly to left side, Cross right over left
5-6 Rock out to left side, Recover on right
7&8 Step left behind right, Step right to right side, Cross left over right

Restart During wall 3. Start dance again at this point (facing 6:00)**S2 1/4 Syncopated Monterey Turn, Step 1/2 Step, Reverse Turn, Shuffle 1/2 Turn, Kick - Ball - Point**

- 1& Point right to right side, Making 1/4 turn right stepping left next to right (3:00),
2& Point left to left side, Step left next to right
3&4 Step forward on right, Pivot 1/2 turn left, Step forward on right (9:00)
5 Making 1/2 turn right, Stepping back on left (3:00)
6&7 Shuffle step 1/2 turn right, Stepping right, left, right (9:00)
8&1 Kick left foot forward, On ball left next to right, Point right to right side

S3 Sailor Step, Cross - Rock, Side - Flick, Side, Hold,

- 2&3 Step right behind left, Step right next to left, Step right to right side
4&5 Cross left over right, Recover back on right, Step left to left side
6 Flick right behind left
7-8 Step right to right side, Hold

S4 Cross - Side, Sailor 1/4 turn, Shuffle Forward, Toe Switches

- 1-2 Cross left over right, Step right to right side
3&4 Step left behind right, Making 1/4 turn left Stepping right next to left, Step left to left side (6:00)
5&6 Step Forward on right, Step left next to right, Step forward on right
7&8 Point left to left side, Step left next to right, Point right to right side

S5 Coaster Step, Chasse, Kick - Ball - Cross, Side, Hold,

- 1&2 Step back on right, Step left next to right, Step forward on right
3&4 Step left to left side, Step right next to left, Step left to left side
5&6 Kick right slightly diagonal, On ball of right next left, Cross left over right
7-8 Step right to right side, Hold

S6 Behind - Side - Cross, 3/4 Turn Walk Round, Rock, Recover, Shuffle 1/2 Turn

- 1&2 Step left behind right, Step right to right side, Cross left over right
3-5 Walk round - right, left, right - completing 3/4 right (3:00)
6& Rock forward on left, Recover back on right
7&8 Shuffle step 1/2 turn left, Stepping left, right, left (9:00)

Tag 4 Count Tag End of wall 1 (9:00) And End of Wall 4 (3:00)**1-4 Side Rock, Recover, Back Rock, Recover**

- 1-2 Rock right to right side, Recover on left
3-4 Rock back on right, Recover on left