



Approved by:



Lay Low

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side Rock, Cross Shuffle, Hinge 1/2 Turn, Cross Shuffle		
1 – 2	Rock right to side. Recover onto left.	Side Rock	On the spot
3 & 4	Cross right over left. Step left to side. Cross right over left.	Cross Shuffle	Left
5 – 6	Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. (6:00)	Hinge Half	Turning right
7 & 8	Cross left over right. Step right to side. Cross left over right.	Cross Shuffle	Right
Section 2	Side, Touch, Kick Ball Cross, Side Rock, Sailor 1/2 Turn Cross		
1 – 2	Step right to side. Touch left beside right.	Side Touch	On the spot
3 & 4	Kick left forward to left diagonal. Step left beside right. Cross right over left.	Kick Ball Cross	
5 – 6	Rock left to side. Recover onto left.	Side Rock	
7 &	Cross right behind left and turn 1/4 left. Step right beside left.	Sailor Half Turn	Turning left
8	Turn 1/4 left and cross left over right. (12:00)		
Restart	Wall 4: Start the dance again.		
Section 3	Side, Lock, Chasse 1/4 Turn, Step Pivot 1/2, Shuffle 1/2 Turn		
1 – 2	Step right to side. Lock left behind right, popping right knee forward.	Side Lock	Right
3 & 4	Step right to side. Close left beside right. Turn 1/4 right stepping right forward. (3:00)	Chasse Quarter	Turning right
5 – 6	Step left forward. Pivot 1/2 turn right.	Step Pivot	
7 & 8	Shuffle step 1/2 turn right, stepping - left, right, left. (3:00)	Shuffle Half	
Section 4	Back With Knee Pop x 2, Coaster Step, Cross Rock, Scissor Step		
1 – 2	Step right back popping left knee forward. Step left back popping right knee forward.	Back Back	Back
3 & 4	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	
7 & 8	Step left to side. Step right beside left. Cross left over right.	Left Scissor	
Tag	End of Wall 9: Finger Clicks		
1 – 4	Click fingers on right hand 4 times, bringing hand down to the side.	Finger Clicks	On the spot

Choreographed by: Darren Bailey (UK) August 2015

Choreographed to: 'Lay Low' by Josh Turner from CD Single; download available from amazon or iTunes (32 count intro)

Restart: One Restart during Wall 4

Tag: One easy Tag after Wall 9



A video clip of this dance is available at www.linedancerweb.com