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Need Your Help

64 Count, 2 Wall, Improver

Choreographer: Chas Oliver (UK) Aug 2015

Choreographed to: Help Me Make It Through The Night
by John Holt

Intro: Start on the word 'Hair'

1 Side together, Scissor Step , to Right, then Left

1,2 Step Right to side, close Left to Right,

3&4 Step Right to side, close Left to Right cross Right over Left.

5,6 Step Left to side, close Right to Left,

7&8 Step left to side, close , to Left cross Left over Right.

2 Diagonally forward Right & Left Lock steps. 2 x ¼ Right, Monterey turns

1&2& Step forward dia. on Right, lock Left behind Right, step forward on Right tap Left next to Right,

3&4& Step forward dia. Left, step Right behind Left, step forward on Left, tap Right next to Left.

5&6& Point Right out to Right, turn ¼ turn Right, point Left out to side, step Left next to Right,

7&8& Point Right out to side, turn ¼ turn Right, point Left out to side, step Left next to Right.

Touch Right next to Left.

3 Modified forward & back rumba boxes.

1&2& Step Right to side, close Left next to Right, step forward onto right, tap Left next to Right,

3&4& Step Left to side, close Right to Left, step forward onto Left, tap Right next to Left .

5&6& Step Right to side, close Left to Right, step back on Right, tap Left next to Right,

7&8& Step Left to side, close Right to Left, step back on Left, tap Right next to Left.

4 Right & Left , Mambo steps, cross rock steps Right & Left.

1&2 Rock out to Right, recover onto Left, step Right to Left,

3&4 Rock Left out to side, recover onto right, step Left next to Right.

5&6& Cross rock Right over Left, recover onto Left, rock forward on to Right, brush Left pass Right,

7&8& Cross rock Left over Right, recover onto Right, rock forward onto Left, Tap Right next to Left.

Enjoy !