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Jump In

104 Count, 1 Wall, Intermediate
Choreographer: Jennifer Jou (TW) Aug 2015
Choreographed to: Jump In by A Mei

Sequence: INTRO / A(80) / B / C / INTRO / A(17-80) / B / C / INTRO

Introduction: 32 counts

[INTRO DANCE: 16 COUNTS]

[1-8] (CROSS OVER, HOLD) * 2, FORWARD, HOLD, PIVOT 1/2 LEFT, HOLD

1-4 Cross step RF over LF, hold, cross step LF over RF, hold

5-8 Step RF forward, hold, pivot 1/2 turn left recovering onto LF, hold (6:00)

[9-16] (CROSS OVER, HOLD) * 3, FORWARD, PIVOT 1/2 RIGHT

1-4 Cross step RF over LF, hold, cross step LF over RF, hold,

5-8 Cross step RF over LF, hold, step LF forward, pivot 1/2 turn right (weight on LF) (12:00)

[PART A : 80 COUNTS]

Section A1:

[1-8] TOUCH, ROLL HIPS, STEP, (CROSS OVER, HOLD) * 2

1-4 Touch right toe forward, roll hips clockwise twice, step right heel down

5-8 Cross step LF over RF, hold, cross step RF over LF, hold

Section A2:

[9-16] CROSS OVER, HOLD, CROSS OVER, RECOVER, (CROSS OVER, HOLD) * 2

1-2 Cross step LF over RF, hold

3-4 Cross step RF over LF, recover onto LF

5-8 Cross step RF over LF, hold, cross step LF over RF, hold

Section A3:

[17-24] (CROSS OVER, POINT) * 2, (CROSS OVER, IN PLACE, CROSS OVER) * 2

1-4 Cross step RF over LF, point LF to left side, cross step LF over RF, point RF to right side

5&6 Cross step RF over LF, step LF in place, cross step RF over LF

7&8 Cross step LF over RF, step RF in place, cross step LF over RF

Section A4:

[25-32] SIDE, IN PLACE, 1/4 TURN RIGHT, BACK, RECOVER, TOE SWITCHES

1-4 Step RF to right side, step LF in place putting the palms together in front of chest, make 1/4 turn right stepping RF back, recover onto LF (3:00)

5&6& Touch right toe forward, step RF beside LF, touch left toe forward, step LF beside RF

7&8& Touch right toe forward, step RF beside LF, touch left toe forward, step LF beside RF

Section A5:

[33-40] FORWARD, 1/4 TURN LEFT, IN PLACE, SIDE, IN PLACE, OUT, OUT, OUT, OUT

1-2 Step RF forward, make 1/4 turn left stepping LF in place (12:00)

3-4 Step RF to right side, step LF in place

Optional Arm Movement : (3-4)

Arms are bent at the elbow with palms facing yourself. Wave your palms alternately up and down

5-6 Step RF out to right side with both hands spread wide and down, step LF out to left side with hands crossed on left diagonal

7-8 Step RF out to right side with both hands spread wide and down, step LF out to left side with hands crossed on left diagonal

Section A6:

[41-48] 1/4 TURN LEFT, TOUCH, ROLL HIPS TWICE, FOUR STEPS THREE QUARTER TURN LEFT (R-L-R-L)

1-4 Make 1/4 turn left, touch right toe to right side, roll hips to right side twice (9:00)

5-8 Make 3/4 turn left by stepping forward four steps (R-L-R-L) (12:00)

Section A7:

[49-56]

(TOE-FANS, HOLD, LEAP, STEP) * 2

- 1-3 Move both right and left toes out to two sides, move toes back together, hold
&4 Leap LF in place, step RF in place
5-7 Move both right and left toes out to the sides, move toes back together hold
&8 Leap LF in place, step RF in place

Section A8:

[57-64]

TOE-FANS, HOLD, LEAP, STEP, SWEEPS, TURN HEAD

- 1-3 Move both right and left toes out to two sides, move toes back together, hold
&4 Leap LF in place, step RF in place
5-7 Sweep LF out and around from front to back, sweep RF out and around from front to back,
sweep LF out and around from front to back,
&8 Turn your head left and look at back thought left shoulder

Section A9:

[65-72]

(LEAP FORWARD, STEP) * 3, TOGETHER, (LEAP FORWARD, STEP) * 3, FORWARD

Make upper part of body 1/8 turn left facing 10:30 and do the followings steps:

- 1&2& Leap RF forward, step the ball of LF forward, leap RF forward, step the ball of LF forward
3&4 Leap RF forward, step the ball of LF forward, step RF beside LF

Make upper part of body 1/4 turn right facing 1:30 and do the followings steps:

- 5&6& Leap LF forward, step the ball of RF forward, leap LF forward, step the ball of RF forward
7&8 Leap LF forward, step the ball of RF forward, step LF forward

Section A10:

[73-80]

SIDE & SHAKE HEAD, SLAP THIGHS, CROSS OVER, RECOVER, CROSS OVER, (DIAGONAL BACK, DRAG) * 2

- 1-2 Step RF to left side and shake your head, slap thighs (on the slap, change weight to LF)
3&4 Cross step RF over LF, recover onto LF, cross step RF over LF
5-8 Rock LF diagonal back, drag RF toward LF, rock RF diagonal back, drag LF toward RF

[PART B: 32 COUNTS]

Section B1:

[1-8]

JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG, JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG

- &1&2 Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
3-4 Take a large step on LF to left side, drag RF toward LF
&5&6 Jump RF to right side, touch LF beside RF, jump LF to left side, touch RF beside LF
7-8 Take a large step on RF to right side, drag LF toward RF

Section B2:

[9-16]

JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG, WALK*3 (R-L-R), PIVOT 1/2 TURN LEFT

- &1&2 Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
3-4 Take a large step on LF to left side, drag RF toward LF
5-8 Walk forward on RF, walk forward on LF, walk forward on RF, pivot 1/2 turn left recovering onto LF (6:00)

Section B3:

[17-24]

JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG, JUMP LEFT, TOUCH TOGETHER, JUMP RIGHT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG

- &1&2 Jump RF to right side, touch LF beside RF, jump LF to left side, touch RF beside LF
3-4 Take a large step on RF to right side, drag LF toward RF
&5&6 Jump LF to left side, touch RF beside LF, jump RF to right side, touch LF beside RF
7-8 Take a large step on LF to left side, drag RF toward LF
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Section B4:

[25-32]

JUMP RIGHT, TOUCH TOGETHER, JUMP LEFT, TOUCH TOGETHER, LARGE SIDE STEP, DRAG, WALK * 3 (L-R-L), PIVOT 1/2 TURN RIGHT

&1&2

Jump RF to right side, touch LF beside RF, jump LF to left side, touch RF beside LF

3-4

Take a large step on RF to right side, drag LF toward RF

5-8

Walk forward on LF, walk forward on RF, walk forward on LF, pivot 1/2 turn right recovering onto RF (12:00)

[PART C: 32 COUNTS]

Section C1:

[1-8]

1/4 TURN RIGHT, (SIDE, FLICK) * 3, TWIST HEELS

&1&2

Make 1/4 turn right stepping the ball of LF to left side, flick RF behind LF, step the ball of RF to right side, flick LF behind RF (3:00)

3&4

Step LF to left side and twist both heels to the left, twist both heels to the right, twist both heels to the left

&5&6

Step the ball of RF to right side, flick LF behind RF, step the ball of LF to left side, flick RF behind LF

7&8

Step RF to right and twist both heels to the right, twist both heels to the left, twist both heels to the right

Section C2: Repeat Section 1 (6:00)

Section C : Repeat Section 1 (9:00)

Section C4: Repeat Section 1 (12:00)

Enjoy it!!