

Website: www.linedancerweb.com Email: admin@linedancerweb.com

1 & 2

Rock L to the left, recover to R, cross L over R

## **One More Night**

## INTERMEDIATE

96 Count 2 Walls

Choreographed by: Adam Åstmar Choreographed to: One More Night by Maroon 5

Sequence	A - B - A - B - A - B - B
Intro	16 counts
Part: A	(64 count)
<b>Sect - 1</b> 1 - 2 3 & 4 & 5 - 6 - 7	SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE STEP, RECOVER, CROSS, SIDE STEP Rock R to the right, recover to L Step R behind L, step L to the left, cross step R over L Step L to the left, recover to R, cross step L over R, Step R to the right
Sect - 2	SAILOR 1/4 STEP, WALK 2X, MAMBO STEP, RUN BACK 2X, COASTER STEP, STEP 1/2 TURN
8 & 1 - 2 3 & 4 & 5 - 6 & 7 8 &	STEP Step L behind R, 1 / 4 turn left step R to the right, step L forward, step R forward Rock L forward, recover to R, step L back, step R back Step L back, step R back, step L next to R, step R forward Step L forward, pivot 1/2 turn right
Sect - 3 1 - 2 3 & 4 5 & 6 7 & 8	ROCK FORWARD, RECOVER, COASTER STEP, SAILOR 1/4 STEP, LOCK-STEP FORWARD Rock L forward, recover to R Step L back, step R next to L, step L forward Step R behind L, 1/4 turn right step L to the left, step R slightly forward Step L forward, lock R behind L, step L forward
Sect - 4 1 - 2 & 3 & 4 & 5 - 6 7 & 8	STEP 1/2 TURN, COASTER HEEL & HEEL & WALK 2X, TRIPLE TURN 1/2 turn to the left step R back, step back on L, step R beside L Touch L heel forward, step L beside R, touch R heel forward, step R beside L Step L forward, step R forward Step L forward as you 1/2 turn right, step R next to L as you 1 / 2 turn right, step L forward
Sect - 5	STEP 1/2 TURN, STEP 1/4 TURN, LOCK-STEP FORWARD, STEP 1/2 TURN STEP, LOCK-STEP
1 & 2 & 3 & 4 5 & 6 7 & 8	FORWARD  Step R forward, 1/2 turn left, step R forward, 1/4 turn left  Step R forward, lock L behind R, step R forward  Step L forward, 1/2 turn right, step L forward  Step R forward, lock L behind R, step R forward
Sect - 6 1 & 2 & 3 & 4 & 5 - 6 7 & 8	CROSS STEP HEEL 2X, CROSS STEP, SAILOR 1/4 TURN Cross L over R, step R back at slightly angle, L heel forward, step L beside R Cross R over L, step L back at slightly angle, R heel forward, step R beside L Cross L over R, step R to the right Step L behind R, 1/4 turn left step R to the right, step L slightly forward
Sect - 7 1 & 2 3 & 4 5 - 6 7 & 8	SHUFFLE 1/2 2X, STEP 1/2 TURN, KICK-BALL CHANGE STEP Turn 1/2 left and shuffle back R, L, R Turn 1/2 left and shuffle forward L, R, L Step R forward, 1/2 turn left Kick R forward, step R beside L, step L forward
Sect - 8 1 - 2 3 & 4 5 & 6 7 & 8	STEP 1/4 TURN, RUN FORWARD 3X, MAMBO STEP, SHUFFLE 1/2 Step R forward, 1/4 turn left, (weight on L) Run forward stepping R, L, R Rock L forward, recover to R, step L back 1/4 right step R to the right, step L beside R, 1/4 right step R forward
Part: B	(32 count)
Sect - 1	ROCK-SIDE CROSS, ROCK-SIDE CROSS, STEP 1/2 TURN, LOCK-STEP FORWARD

5 - 6	Rock R to the right, recover to L, cross R over L Step L forward, 1/2 turn right Step L forward, lock R behind L, step L forward
1 & 2 3 & 4	ROCK-SIDE CROSS, ROCK-SIDE CROSS, STEP 1/2 TURN, LEFT KICK-BALL-CHANGE Rock R to the right, recover to L, cross R over L Rock L to the left, recover to R, cross L over R Step R forward, 1/2 turn left (weight on R) Kick L forward, step L beside R, step R forward
1 & 2 & 3 & 4	PADDLE FULL TURN, STEP 1/2 TURN, CHASSE RIGHT  1/4 left, point R to the right, repeat these steps three more times to complete a full turn  Step R forward, 1/2 turn left  1/4 right step R to the right, step L beside R, step R to the right
1 - 2	ROCK BACK, MAMBO STEP, FULL TURN, KICK-BALL CHANGE Rock L back, recover to R Rock L forward, recover to R, step L back 1/2 turn right step R back, 1 / 2 turn right step L forward Kick R forward, step R beside L, step L next to R
	Repeat until 7th wall
Note!	After 6th wall at the end of the -B- section, L foot shall 'Touch' next to R instead of L step
	- B – Section Restarts -

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