

Wings

64 Count, 4 Wall, Intermediate
Choreographer: Anne Herd (Australia) August 2015
Choreographed to: Wings by Delta Goodrem,
CD Single (120bpm - 3:27 iTunes)

Intro: Start on lyrics 16 counts in, weight on L

- 1 WALK FORWARD, CROSS SAMBA, WALK FORWARD, CROSS SAMBA**
1-2-3&4 Walk fwd stepping R L. Cross R over L, Step L to side, Step R to side
5-6-7&8 Walk fwd stepping L R. Cross L over R, Step R to side, Step L to side
- 2 ½ PIVOT, FULL TURN, ROCKING CHAIR**
1-2-3-4 Step fwd on R, Turn ½ L, Weight to L, Make a full turn over L shoulder stepping R L.
5-6-7-8 Rock fwd on R, Recover to L, Rock back on R, recover to L
(Easier option for the full turn, walk forward RL)
- 3 RIGHT AND LEFT CROSS, SIDE, BALL JACK**
1-2-3&4& Cross R over L, Step L to side, Cross R behind L, Step L to side,
Touch R heel out at 45 degrees, Step R beside L
5-6-7&8& Cross L over R, Step R to side, Cross L behind R, Step R to side,
Touch L heel out at 45 degrees, Step L beside R
- 4 ROCK/ RECOVER, & HEEL & TOUCH & HEEL, HOLD & HEEL & TOUCH**
1-2&3&4& Rock fwd on R/Recover to L, Step back on R, Touch L heel fwd, Step L beside R,
Touch R beside L instep, Step back on R
5-6&7&8&, Touch L heel fwd, Hold, Step L beside R, Touch R beside L instep, Step back on R,
Touch L heel fwd, Step L beside R
- 5 ROCK/ RECOVER, HEEL DROPS,**
1-2-3-4& Rock fwd on R/Recover to L, Touch R toe behind L, Drop heel, Step L beside R
5-6&7-8& Touch R toe behind L, Drop heel, Step L beside, Touch R behind L, Drop heel, Step L beside R
- 6 SIDE ROCK, CROSS UNWIND ¾, V STEP**
1-2-3-4 Rock R to side, Recover to L. Cross R over L and unwind ¾ L over two counts (**Take weight to L**)
5-6-7-8 Step R on the R diagonal, Step L on L diagonal, Step R back to centre, Step L beside R **R/W2**
- 7 KICK AND POINT, KICK AND POINT, JAZZ BOX**
1&2-3&4 Kick R fwd, Step R beside L, Point L to side, Kick L fwd, Step L beside R, Point R to side
5-6-7-8 Cross R over L, Step back on L, Step R to side, Step L beside R
- 8 SIDE ROCK, CROSS SHUFFLE, ¼, ¼, STEP, SCUFF**
1-2-3&4 Rock R to side, recover to L, Cross shuffle R over L stepping RLR
5-6-7-8 Turn ¼ R stepping back on L, Turn further ¼ R stepping R to side, Step fwd on L, Scuff R fwd

Restart: On wall 2 dance to count 48 and restart dance

Ending; Dance to count 12 and pivot another ½ L to 12:00 then continue with the rocking chair.