

Jacked Up

64 Count, 4 Wall, Intermediate

Choreographer: Donna Manning (USA) July 2015

Choreographed to: Jacked Up by Charlie Farley

NO Tags or Restarts – 32 count intro

- Sec. 1 (1-9)**
1,2,3,4,&5,6,7
&8&1
Walk Back L-R-L-R, Ball Step, Walk 2X, Out, Out, In, Step
Walk back L-R-L-R, step the ball of L slightly back, step R fwd, walk L-R
Step L out to side, R out to side, bring L in to center, step R fwd (12:00)
- Sec.2 (10-16.5)**
2,&3,4,&5,6
7&8&
Pause, Ball-Step, Pause, Ball-Step, ¼ Turn Step, Rocking Chair
Pause, Step ball of L to R, step R fwd, Pause, step ball of L to R, step R fwd,
¼ turn R step L to side (3:00)
Rock R back (angle to 4:30), recover to L, Rock R fwd, recover to L (3:00)
- Sec.3 (17-25)**
1,2,3,4
5,6,7&8&1
Step Back, Hitch, Back, Hitch, Step, Step, Behind, Side, Cross, Side, Cross
Keeping body angled to 4:30 – Step R back, hitch L, step L back, making ¼ turn
R (7:30) hitch R
Step R down, continue to 9:00 stepping L to side, R behind L, L to side, R cross L,
L to side, R cross L (9:00)
- Sec. 4 (26-33)**
Side, Flick, Side, Flick, Hip, Hip, Side, Together, Side
Styling tip – bent knees with a little bounce going on
2,3,4,5
6,7
8&1
Step L to L side, flick R behind, Step R to R side, flick L behind
Step L down taking weight through hip, switch weight to R leg and hip
Change weight to L, step R next to L, step L to L side (9:00)
- Sec. 5 (34-41)**
2,3
4&5, 6&7
8&1
¼ R, ¼ R, R Sailor, L Sailor, Pause, Ball-Step
¼ Turn R stepping R to R side, ¼ turn R stepping L to L side
R behind L, L to L side, R to R side, L behind R, R to R side, L to L side
Pause, bring ball of R to L, step L to fwd diagonal (1:00) (3:00 wall)
- Sec. 6 (42-49)**
2,3
4&5
6,7
8&1
1/8 L, ¼ L, Vaudeville (w/ heel), Hitch (crunch), Step, Botofogo
1/8 turn L Step R to R side (12:00), ¼ turn L stepping L to L side
Cross R over L, step L back to diagonal, touch R heel to diagonal front (10:30)
Hitch R while crunching abdominal area, step R to diagonal (10:30)
Cross L over R (10:30), bring ball of R to L, step L to diagonal (7:30) (9:00 wall)
- Sec.7 (50-57)**
2,3,4&5
6,7,8&1
(12:00)
Cross, ¼ Turn, Back Triple, Step, Side, Pause, Ball –Step
Cross R over L, ¼ turn R step L back, Step R back, bring L to R, step R back
Step L to back diagonal, step R to R side, Pause, close ball of L to R, Step R fwd
- Sec. 8 (58-64.5)**
2,3
4&5
6&7
8&
Walk 2X, Staggered Heel Splits 2X, ¼ Turn, ½ Turn
Walk fwd L-R
Step L fwd, on the balls of both feet split heels out, bring heels to center taking
weight to R
Step L back, on the balls of both feet split heels out, bring heels to center taking
weight to L
¼ Turn R stepping R fwd (3:00), on the ball of R ½ turn to R with small hitch with
L –finish facing 9:00