## Approved by:



| 4 WALL - 32 COUNTS - INTERMED/ATE |  |  |  |
| :---: | :---: | :---: | :---: |
| STEPS | ActuAl FOOTWORK | CALLING SugGESTION | DIRECTION |
| Section 1 | Cross, Forward Box, 1/4 Turn Box, Forward Box, Step Pivot Cross |  |  |
| 1 | Cross right over left. | Cross | Left |
| 2 \& 3 | Step left to side. Step right beside left. Step left forward. | Side Together Forward | Forward |
| 4 \& | Begin $1 / 4$ turn left stepping right back. Complete $1 / 4$ turn left stepping left to side. | Quarter Turn | Turning left |
| 5 | Cross right over left. (9:00) | Cross | On the spot |
| 6 \& 7 | Step left to side. Step right beside left. Step left forward. | Side Together Forward | Forward |
| 8 \& 1 | Step right forward. Pivot 1/2 turn left. Cross right over left. (3:00) | Step Pivot Cross | Turning left |
| Restart | Wall 4: Restart the dance (facing 12:00). |  |  |
| Section 2 | Side Behind Side, Cross Shuffle, Side Rock, Behind, 1/4 Turn, Forward |  |  |
| 2-3 \& | Step left to side. Cross right behind left. Step left to side. | Side Behind Side | Left |
| 4 \& 5 | Cross right over left. Step left to side. Cross right over left. | Cross Shuffle |  |
| 6-7 | Rock left to side. Recover onto right. | Side Rock | On the spot |
| 8 \& 1 | Cross left behind right. Turn $1 / 4$ right stepping right forward. Step left forward. (6:00) | Behind Quarter Step | Turning right |
| Section 3 | Monterey 1/2 Turn, Cross, Side, Sailor 1/4 Turn, Step/Spiral Full Turn |  |  |
| 2 \& 3 | Point right to side. Turn 1/2 right stepping right beside left. Point left to side. (12:00) | Monterey Half | Turning right |
| 4-5 | Cross left over right. Step right to side. | Cross Side | Right |
| 6 \& 7 | Turn 1/4 left stepping left back. Step right to side. Step left forward. (9:00) | Sailor Quarter | Turning left |
| 8 | Step right forward and spiral full turn left forward. | Spiral |  |
| Section 4 | Forward, Step Pivot Cross, Syncopated Side Rocks, Behind, 1/4 Turn |  |  |
| 1 | Step left forward. | Forward | Forward |
| 2 \& 3 | Step right forward. Pivot 1/4 turn left. Cross right over left. (6:00) | Step Pivot Cross | Turning left |
| 4-5 \& | Rock left to side. Recover onto right. Step left beside right. | Side Rock \& | On the spot |
| 6-7 | Rock right to side. Recover onto left. | Side Rock |  |
| 8 \& | Cross right behind left. Step left forward turning 1/4 left and hitching right knee. (3:00) | Behind Quarter | Turning left |
| Ending | Wall 11 (begins facing 6:00): Dance first 7 counts of Section 1 then: |  |  |
| 8 \& 1 | Step right forward. Pivot $1 / 4$ turn left. Step right forward - and strike a pose! | Step Pivot Step | Turning left |

[^0]


[^0]:    Choreographed by: Alison Biggs \& Peter Metelnick (UK) August 2015
    Choreographed to: 'Wings (radio edit)' by Birdy ( 96 bpm ) from various CDs; download available from amazon or iTunes ( 32 count intro)
    Restart: One Restart during Wall 4

