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This Song Is About You

32 Count, 4 Wall, Intermediate

Choreographer: Lu Olsen (Aus) July 2015

Choreographed to: This Song Is About You by Olly Murs
(iTunes)

16 count Intro: start dance on Main Vocals

1 – 8 FWD/sweep, CROSS, SIDE, BACK DIAG, CROSS, BACK, ½ R FWD, ¼ R SIDE/drag, BEHIND, ¼ L FWD, FWD/drag, BACK, ½ R FWD

1, 2 & Step R fwd & sweep L over R, Step L over R, Step R to Right

3 & 4 & Step L back at L45, Cross R over L, Step L back, ½ Right turn & step R fwd 6.00

5, 6 ¼ Right turn & step L to Left & drag R, Step R behind L,

& 7 ¼ Left turn & step L fwd, Step R fwd & drag L towards R,

8 & Step L back, ½ Right turn & step R fwd 12.00

**** Add Tag on Wall 3**

9 -16 SIDE, HOLD, SIDE, ½ L HINGE/SIDE, CROSS, SIDE, SIDE, CROSS, SIDE, HOLD, SIDE, ¾ R HINGE/TOG, SIDE/drag, BEHIND, SIDE

1 & 2 & Step L to Left, Hold, Rock R to Right, ½ Left hinge & step L to Left, 6.00

3 & 4 & (Travels fwd) Cross R over L, Step L to Left, Step R to Right, Cross L over R

5 & 6 & Step R to Right, Hold, Rock L to Left, ¾ Right Hinge turn & step R beside L 3.00

7, 8 & Step large L to Left & drag R, Step R behind L, Step L to Left

17 – 24 ¼ R TURNING CROSS LOCK BACK, HITCH, ¼ R FWD/drag, BACK, TOG, CROSS, SIDE, ¼ R BACK, HOLD, FWD, ¼ L SIDE, ¾ FWD, FWD

1 & Cross R over L, 1/8th Right turn & step L back,

2 & 1/8th Right turn & cross R over L, Lift/hitch L,

3, 4 & ¼ Right turn & step L fwd & drag R, Step R back, Step L beside R, 9.00

5 & 6 & Cross R over L, Step L to Left, ¼ Right turn & step R back, Hold 12:00

^^Last wall add Tag-finish

7 & Step L fwd, ¼ Left turn & step R to Right,

8 & 3/8th Left turn & L fwd (5.00), Step R fwd

Add tag on Wall 6 at 6.00

25 – 32 FWD/sweep, CROSS, BACK, ½ R FWD, ½ R BACK, ¼ R FWD, FWD/drag, L FWD COASTER/sweep, BEHIND, STRAIGHTEN TO 6.00-SIDE

1, 2 & Step L fwd & sweep R over L, Step R over L, Step L back 5.00

3 & ½ Right turn & step R fwd, ½ Right turn & step L back,

4 & 5 ¼ Right turn & R fwd, Step L fwd, Step R fwd & drag L, 7.00

6 & 7 Step L fwd, Step R beside L, Step L back & sweep R behind L,

8 & Step R behind L, Straightening to 6.00-Step L to Left 6.00

TAG:

1 & 2 & Step L to Left, Hold, Rock R to Right, Step L beside R

Short walls:

Wall 3 (12.00) dance to count 8 then and add Tag – start Wall 4 at 12.00**

Wall 6 (12.00) dance to count 24 ##(straighten to 6.00 on count 24) and add Tag–start Wall 7 at 6.00

Wall 8 (last wall 12.00) dance to count 22 ^^ then add Tag to finish to the front.