

No Woman No Cry

32 Count, 2 Wall, Beginner

Choreographer: Muki Matohir Royal (ID) July 2015

Choreographed to: No Woman No Cry by Boney M

Intro: 32 Count Start On: No Woman No Cry

- S1. Prizzy Walk –R Chase – Prizzy Walk – L Chase**
1-2 Step R forward cross, step L forward
3&4 Step R to side, step L beside R, step R to side
5-6 Step L forward cross, step R forward
7&8 Step L to side, step R beside L, step L to side
- S2. Jazz Box Turn ¼ Right – Rocking Chair**
1-2 Cross R over L, Turn ¼ R Step L Back
3-4 Step R to side, Step L forward (03.00)
5-6 Step R forward, Recover on L
7-8 Step R backward, Recover on L
- S3. Side – Beside – R Chase – Turn ½ Right – Side – Beside – L Chase**
1-2 Step R to side, Step L beside R
3&4 Step R to side, Step L beside R, Step R to side
5-6 Turn ½ R Step L to side, Step R beside L (09.00)
7&8 Step L to side, Step R beside L, Step L to side
- S4. Touch Heel – Touch – R Chase – Touch Heel – Touch – L Chase**
1-2 Touch Heel R forward, Touch R beside L
3&4 Step R to side, Step L beside R, Step R to side
5-6 Touch Heel L forward, Touch L beside R
7&8 Step L to side, Step R beside L, Step L to side

NO TAG NO RESTART