

## Step Into Life

32 Count, 1 Wall, Beginner (Cha Cha)

Choreographer: Wanda Heldt (AU) July 2015

Choreographed to: Gozar La Vida by Julio Iglesias

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**No Tags or Restarts for any of the music listed. (1 OR 4 wall) - Have FUN**

**S1. ROCK, RECOVER , CHA CHA R.L.R, ROCK BACK ,RECOVER, BACK, HOLD**

1-2 Rock forward on Right, Recover on Left.

3&4 Cha Cha-R.L.R. on the spot.

5-6 Rock back on Left [body at slight Left Diagonal], Recover on Right.

7-8 Rock back on Left, Hold.

**[Use your Hips as you Rock back, Recover on Right and on Rock back on Left [Turn head left as you do a slight sit-hold on ct. 8, The Right knee should be bend and with toe on floor]**

**S2. WALK FORWARD R.L.R. KICK, WALK BACK, L.R.L. TOUCH**

1-4 Walk forward R.L.R. Kick Left forward

5-8 Walk back L. R.L. Touch Right next to Left.

**S3. RHUMBA BOX**

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right. Hold.

5-6 Step Left to Left side, Step Right next to Left.

7-8 Step forward on Left, Hold. [Wt. on Left foot] \*

**For a 4 Wall dance....**

7-8 \* 1/4 Turn Left as you step forward on Left, Hold. [9:00]

**S4. CHARLESTON STEPS, POINT SIDE, STEP FORWARD**

1-2 Touch Right toe forward, Step Right foot next to Left.

3-4 Touch Left toe back, Step Left foot next to Right.

5-6 Touch Right toe Right side, Slight Step forward on Right.

7-8 Touch Left toe Left side, Slight Step forward on Left.

**Repeat..... HAVE FUN IN LIFE & IN DANCE**

**Choreographed specially for The Balga Seniors & Hazel Rutgrink who helps me in class - from their most**

**Favorite dance steps!**

**Alt. music:**

**Ex's & Oh's by Elle King [Pop]**

**40 Shades of Green by Daniel O'Donnell [Slow]**

**SPLIT FLOOR: BachataConmigo / Bella's Cha Cha / Tango Del Rio / Wrapped Up**