Web site: www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

Nirvana
96 Count, 2 Wall, Intermediate
Choreographer: Kim Liebsch (DK) Sept 2013
Choreographed to: Nirvana by Adam Lambert

Intro: 9 counts from 1`st beat (appr. 4 seconds ) - Start with weight on R foot
S1 section: Figure $4 \frac{1}{2}$ turn L, coaster back, X 2
1-2-3 $\quad$ Step fw. on $L$ while $R$ foot goes to $L$ shin, turn $1 / 2 L$ on $L$ foot 6:00
4-5-6 Step back on $R$, step $L$ next to $R$, step fw. on R 6:00
7-8-9 Step fw. on $L$ while $R$ foot goes to $L$ shin, turn $1 / 2 L$ on $L$ foot 12:00
10-11-12 Step back on R, step L next to R, step fw. on $R^{*}$ ( restart on wall 2 \& 5 ) 12:00
S2 section: 2 X twinkle, 2 X step fw. sweep
1-2-3 $\quad$ Cross $L$ over $R$, step $R$ to $R$ diagonal, step $L$ to $L$ diagonal 12:00
4-5-6 $\quad$ Cross $R$ over $L$, step $L$ to $L$ diagonal, step $R$ to $R$ diagonal 12:00
7-8-9 Step fw. on $L$ while sweeping $R$ around from back to front over 2 counts 12:00
10-11-12 Step fw. on $R$ while sweeping $L$ around from back to front over 2 counts 12:00
S3 section: $\quad 2 X$ cross side rock, $2 X$ sailor
1-2-3 Cross $L$ over $R$, rock $R$ to $R$ side, recover on $L$ 12:00
4-5-6 $\quad$ Cross $R$ over $L$, rock $L$ to $L$ side, recover on $R$ 12:00
7-8-9 $\quad$ Cross $L$ behind $R$, step $R$ to $R$ side, step $L$ to $L$ side 12:00
10-11-12 $\quad$ Cross $R$ behind $L$, step $L$ to $L$ side, step $R$ to $R$ side 12:00
S4 section: Step sweep $1 / 2$ turn, cross rock side, step sweep $1 / 4$ turn, cross sway sway
1-2-3 Step fw. on $L$ while sweeping $R 1 / 2$ turn L 6:00
4-5-6 $\quad$ Cross $R$ over $L$, recover on $L$, step $R$ to $R$ side 6:00
7-8-9 Step fw. on $L$ while sweeping $R 1 / 4$ turn $L$ 3:00
10-11-12 $\quad$ Cross $R$ over $L$, sway $L$ to $L$ side, sway $R$ to $R$ side 3:00
S5 section: $2 \times$ back sweep, back rock step fw. step turn step
1-2-3 $\quad$ Step back on $L$ while sweeping $R$ around from front to Back over 2 counts 3:00
4-5-6 Step back on $R$ while sweeping $L$ around from front to back over 2 counts 3:00
7-8-9 Rock back on $L$, recover on $R$, step fw. on $L$ 3:00
10-11-12 Step fw. on $R$, make $1 / 2$ turn $L$ stepping fw. on $L$, step fw. on $R$ 9:00

S6 section: Step fw. with press, 3 X run back, back point, sailor $1 / 2$ turn cross
1-2-3 $\quad$ Step fw. on $L$ while slightly bending $L$ knee 9:00
4-5-6 $\quad$ Run back $R$, run back $L$ run back $R$ 9:00
7-8-9 $\quad$ Step back on $L$, point $R$ back diagonal 9:00
10-11-12 Sweep/cross $R$ behind $L, 1 / 2$ turn $R$ stepping $L$ to $L$ side, cross $R$ over $L$ 3:00
S7 section: $\quad$ Step fw. point, behind side cross, point, cross $2 \times 1 / 4$ turn
1-2-3 $\quad$ Step fw. on $L$, point $R$ fw. diagonal 3:00
4-5-6 $\quad$ Step $R$ behind $L$, step $L$ to $L$ side, cross $R$ over $L$ 3:00
7-8-9 Point $L$ fw diagonal 3:00
10-11-12 Cross $L$ over $R$, make $1 / 4$ turn $L$ stepping back on $R$, make $1 / 4$ turn $L$ stepping L to L side 9:00

S8 section: Point, step $1 / 4$ sweep $1 / 2$ turn, basic fw. basic back
1-2-3 $\quad$ Point $R$ to $R$ side 9:00
4-5-6 $\quad$ Make $1 / 4$ turn $R$ stepping fw. on $R$ while sweeping $L 1 / 2$ turn $R$ 6:00
7-8-9 Step fw. on $L$, close $R$ next To $L$. change weight to $L$ 6:00
10-11-12 $\quad$ Step back on $R$, close $L$ next to $R$, change weight to $R$ 6:00

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2 Restarts:-
1st restart on wall 2 on wall 2 after 12 counts
2nd restart on wall 5 after 12 counts *
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