

Before We

48 Count, 4 Wall, Intermediate

Choreographer: Kim Liebsch (DK) June 2015

Choreographed to: Før vi falder by Noah

Intro: 16 counts after 1st beat(appr. 10 seconds) - Start with weight on L foot

Tag: 2 X step ½ turn on wall 5 after 32 counts – then restart (3:00)**

Two Restarts: 1) On wall 2 after 32 counts (6:00) * – 2) After the Tag on Wall 5 (3:00)

****Ending: Rock recover, ¼ turn R, 3 X sway**

S1 section: Step fw. make ½ turn, sailor ½ turn, step ½ turn, step lock step

1-2 Step fw. on R, make ½ turn R stepping back on L 6:00
3&4 Sweep/cross R behind L, ½ turn R stepping L to L side, step R to R side 12:00
5-6 Step fw. on L, make ½ turn R stepping fw. on R 6:00
7&8 Step fw. on L, lock R behind L, step fw. on L 6:00

S2 section: Step ¼ turn, cross ¼ turn X 2, cross side, sailor step

1-2 Step fw. on R, make ¼ turn L stepping L to L side 3:00
3&4 Cross R over L, make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side 9:00
5-6 Cross L over R, step R to R side 9:00
7&8 Cross L behind R, step R to R side, step L to L side 9:00

S3 section: Cross side, triple step, back rock, step ½ turn step

1-2 Cross R over L, step L to L side 9:00
3&4 Step R beside L, step L beside R, step R beside L on spot 9:00
5-6 Rock back on L, recover on R 9:00
7&8 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 3:00

S4 section: Rock recover, side mambo X 2

1-2 Rock fw. on R, recover on L 3:00
3&4 Rock R to R side, recover on L, step R next to L 3:00
5-6 Rock fw. on L, recover on R 3:00
7&8 Rock L to L side, recover on R, step L next to R (*restart wall 2/6:00)
**(tag & restart wall 5/3:00) 3:00

S5 section: Point back ½ turn, coaster step, touch back ¼ turn, coaster step

1-2 Point R back, make ½ turn R while putting weight on R 9:00
3&4 Step back on L, step R next to L, step fw. on L 9:00
5-6 Point R back, make ¼ turn R while putting weight on R 12:00
7&8 Step back on L, step R next to L, step fw. on L 12:00

S6 section: Side rock, behind side cross, side rock, behind ¼ step

1-2 Rock R to R side, recover on L 12:00
3&4 Cross R behind L, step L to L side, cross R over L 12:00
5-6 Rock L to L side, recover on R 12:00
7&8 Cross L behind R, make ¼ turn R stepping fw. on R, step fw. on L 3:00

Tag: 2 X step ½ turn

1-2 Step fw. on R, make ½ turn L stepping fw. on L 9:00
3-4 Step fw. on R, make ½ turn L stepping fw. on L 3:00

Ending: Rock recover, ¼ turn R sway, 2 X sway

1-2 Rock fw. on R, recover on L 9:00
3-4 Make ¼ turn R stepping R to R side, sway L 12:00
5-6 Sway R, sway L 12:00

Good Luck & N'joy!
