

About That Bass

32 Count, 4 Wall, Beginner

Choreographer: Laura Kampschroeder (USA) Nov 2014
Choreographed to: All About That Bass by Meghan Trainor
(134 bpm)**HEEL, STEP, HEEL, STEP, JAZZ BOX STEP**1, 2, 3, 4 Right heel forward, step on right, left heel forward, step on left
5, 6, 7, 8 Cross right over left, step back on left, step side on right, step forward on left**STEP, TURN ¼ LEFT, BUMP HIPS R, L, R, STEP SIDE, TOUCH, SIDE, TOUCH**1, 2, 3 & 4 Step right, turn ¼ left and step, bump hips right, left, right
5, 6, 7, 8 Step left to side, touch together, step right to side, touch together**CHASSE LEFT, ROCK BACK, RECOVER, TURN ¼ LEFT, TRIPLE STEP**1 & 2, 3, 4 Step left, together, left, rock back, recover
5, 6, 7 & 8 Step, ¼ turn left and step, triple step forward (R,L,R)**V STEP, KICK, BALL CHANGE, STEP BACK ¼ TURN RIGHT, HOOK**1, 2 Step out diagonal forward left, step out diagonal forward right
3, 4 Step in diagonal back left, step in diagonal back right
5 & 6, 7, 8 Kick left, step, step, step back left and ¼ turn right, hook right**REPEAT**