

Not The One

32 Count, 4 Wall, Beginner

Choreographer: Annie & Kent (Vi sex) (SE) July 2015

Choreographed to: I'm Not The Only One by
Sam Smith. (88 bpm)

CD: In the lonely hour (Deluxe version)

32 Count intro

- Step, lock, lock shuffle, step, lock, lock shuffle**
1 – 2 Step diagonally forward on right, lock left behind right
3 & 4 Step diagonally right forward, lock left behind right, step diagonally forward on right
5 – 6 Step diagonally forward on left, lock right behind left
7 & 8 Step diagonally left forward on left, lock right behind left, step diagonally forward on left
- Rock step, run back, rock step, skate, skate**
1 – 2 Step forward on right, recover onto left
3 & 4 Run backwards right, left, right
5 – 6 Step back on left, recover onto right
7 – 8 Skate left, skate right
- Step, touch, back, hook, ¼ turn left, touch, unwind ½, step**
1 – 2 Step forward left, touch right behind left
3 – 4 Step back on right, hook left in front of right
5 – 6 ¼ right stepping left to the side, touch right behind left
7 – 8 ½ unwind right, step forward on left
- Sway x 2, behind, side, cross, sway x 2, run forward left, right, left**
1 – 2 Sway right, sway left
3 & 4 Step right behind left, step left to left side, step right in front of left
5 – 6 Sway left, sway right
7 & 8 Run forward left, right left

Start Again
