

Time Of My Life

24 Count, 4 Wall, Intermediate

Choreographer: Cody Flowers (USA) July 2015

Choreographed to: Time Of My Life by David Cook

Award: USLDCC - 1st Place in Phrased Category at Fun in the Sun

- (1-8) Sweep, Step Back, ¼ Turn, ½ Turn, Step Back, Coaster Step, Twinkle (2), Rock-Recover, Step Side, Step Back**
- 1 Step LF behind RF while sweeping RF out to right side
2&a Step RF behind LF, Make ¼ Turn left (9:00) stepping forward on LF, ½ Turn left (3:00) stepping back on RF
3 Big step back on LF while dragging RF to LF
4&a Step back on RF, Step LF beside RF, Step forward on RF
5&a Cross LF over RF, Step RF to right side, Step LF slightly forward
6&a Cross RF over LF, Step LF to left side, Step RF slightly forward
7 Rock forward on LF crossing over RF
8&a Recover weight on RF, Step LF to left side, Step back on RF
- (9-16) Step Back, Back, ¼ Turn, ½ Turn, Step Back Sweep, Step Back, ¼ Turn, ½ Turn, Step Back, Coaster, Walk, Cross-Unwind ¾ Turn**
- 1 Big step back on LF while dragging RF to LF
2&a Step RF behind LF, Make ¼ Turn left (12:00) stepping forward on LF, ½ Turn left (6:00) stepping back on RF
3 Step LF behind RF while sweeping RF out to right side
4&a Step RF behind LF, Make ¼ Turn left (3:00) stepping forward on LF, ½ Turn left (9:00) stepping back on RF
5 Big step back on LF while dragging RF to LF
6&a Step back on RF, Step LF beside RF, Step forward on RF
7 Step forward on LF
8&a Cross RF over LF unwind ½ Turn left (3:00), ¼ Turn left (12:00) stepping forward on LF, Step forward on RF facing 10:30
- (17-24) Step, Leg Lift, ¼ Turn, ¼ Turn, Step, Leg Lift, Step Lock Step, ½ Turn, Cross, ¼ Turn, ½ Turn ¼ Turn**
- 1 Step forward on LF lift right up, lower right leg (weight still on L)
2&a Step back on RF, ¼ Turn right (1:30) stepping back on LF, ¼ Turn right (4:30) stepping forward on RF
3 Step forward on LF lift right up, lower right leg (weight still on L)
4&a Step back on RF, Step back on LF, Cross RF over LF
5 Step back on LF making a ½ Turn (10:30) over your right shoulder
6&a Step down on RF, Step forward on LF, Pivot ½ Turn (4:30) right putting weight on RF
7 Cross LF over RF aligning up with 3:00
8&a ¼ Turn left (12:00) stepping back on RF, ½ Turn left (6:00) stepping forward on LF, ¼ Turn left (3:00) stepping RF to right side

Restarts:**On 2nd Wall facing 3:00, do the first 8 counts and then start again.****On 6th Wall facing 3:00, dance through count 8 of the second set of eight (count 16) as written. Then replace the following 8&a as follows:****8&a Cross RF over LF unwind ½ Turn left (3:00), ¼ Turn left (12:00) stepping forward on LF, Step back on RF facing 9:00****(Restart dance by stepping back on LF and sweeping RF around for count 1)**

