

Friday Frolics

68 Count, 2 Wall, Improver

Choreographer: Ross Brown (UK) July 2015

Choreographed to: Dance All Night by Michael English
(165 bpm)

Intro:16 Counts (Approx. 6 Seconds)

S1: SIDE, TOUCH. X2. ROLLING VINE FULL TURN L.

1-2-3-4 Step left to the left, touch right next to left, step right to the right, touch left next to right.
5 – 6 Make a ¼ turn left stepping forward with left, make a ½ turn left stepping back with right.
7 – 8 Make a ¼ turn left stepping left to the left, touch right next to left. (12:00)

S2: SIDE, TOUCH. X2. ROLLING VINE FULL TURN R.

1-2-3-4 Step right to the right, touch left next to right, step left to the left, touch right next to left.
5 – 6 Make a ¼ turn right stepping forward with right, make a ½ turn right stepping back with left.
7 – 8 Make a ¼ turn right stepping right to the right, touch left next to right. (12:00)

S3: STEP FORWARD. SWIVEL; HEEL, TOE, HEEL. BACK, LONG DRAG, TOUCH.

12-3-4 Step forward with left, swivel right heel together, swivel right toe together, swivel right heel together.
5-8 Step back with right, drag left foot together over two Counts, touch left next to right. (12:00)

S4: SIDE ROCK, KICK, CROSS. SIDE ROCK, CROSS, HOLD.

1-2-3-4 Rock left to the left, recover onto right, kick left foot forward, cross step left over right.
5-8 Rock right to the right, recover onto left, cross step right over left, hold for Count 8. (12:00)

S5: (IN A CIRCLE SHAPE) EXTENDED SHUFFLE FULL TURN L, HOLD.

1 – 8 Gradually make a full turn left stepping; forward with left, together with right, forward with left, together with right, forward with left, together with right, forward with left, hold for Count 8. (12:00)

S6: (IN A CIRCLE SHAPE) EXTENDED SHUFFLE FULL TURN R, HOLD.

1 – 8 Gradually make a full turn right stepping; forward with right, together with left, forward with right, together with left, forward with right, together with left, forward with right, hold for Count 8. (12:00)

S7: RUMBA BOX FORWARD.

1-2-3-4 Step left to the left, step right next to left, step forward with left, hold for Count 4.
5-8 Step right to the right, step left next to right, step back with right, hold for Count 8. (12 O'CLOCK)

S8: BACK MAMBO ½ TURN R. HOLD. TOE STRUTS BACK with SHIMMIES.

1-2-3-4 Rock back with left, recover onto right, make a ½ turn right stepping back with left, hold for Count 4.
5-8 Touch right toe back, place right heel, touch left toe back, place left heel. (Shimmy shoulders too) (6:0)

S9: COASTER STEP, HOLD.

1-2-3-4 Step back with right, step left next to right, step forward with right, hold for Count 4. (6 O'CLOCK)

TAG: Dance at the End of Walls 2 & 4, then start the Dance again.**JAZZ BOX ¼ TURN L. TOGETHER, SWIVET RIGHT, HOLD. X2.**

1 – 2 Cross step left over right, make a ¼ turn left stepping back with right.
3 – 4 Step left to the left, step slightly forward with right.
5 – 6 Step left next to right, twist right toe to the right and left heel to the left.
7 – 8 Twist feet back together, hold for Count 8. (Weight ends on right)
9 – 16 Repeat Counts 1 – 8 of the Tag.

Ending: Dance the Tag at the End of Wall 7, to end facing the Front Wall.