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Blue Monday

32 Count, 2 Wall, Beginner

Choreographer: Vickie Schermbeck (Feb 2013)

Choreographed to: Blue Monday by Delbert McClinton;
I Believe in You by Don Williams

1 – 8 Triple fwd, Rock Fwd; Triple Back; Rock Back

1&2 Starting on R; triple fwd, R,L,R

3-4 Rock fwd on L, recover R

5&6 Triple back, L,R,L

7-8 Rock back on R, recover L

9 – 16 Chasse R, Rock Back; Chasse. L, Rock Back

1&2 Step to the side R, L, R

3-4 Rock back L, Recover R

5&6 Step to the side L,R,L

7-8 Rock back on R, Recover L

17 – 24 2 Jazz Boxes turning 1/4

1,2,3 Step R over L, step back on L, Step side on R turning 1/4 R

4 Step L next to R

5-8 Repeat (now facing 6:00)

25 – 32 Step touches fwd & back

1-2 Step R fwd, touch L next to R

3-4 Step L back, touch R next to L

5-6 Step R back, touch L next to R

7-8 Step L fwd, touch R next to L