

## Abilene

32 Count, 2 Wall, Absolute Beginner

Choreographer: Sherri Busser (USA) July 2015

Choreographed to: Abilene by Ruud Hermans,

Album: Sings the Hits of Bobby Bare (102 bpm)

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### Alternative tracks:

**River Bank by Brad Paisley (117 bpm)**

**Ac-cent-tchu-ate The Positive by Willie Nelson (138 bpm)**

**Written for and dedicated to my new friend Marlene on her birthday!**

**8 count intro. Weight on the left, moves clockwise**

**Sec. 1: Side, together, side, hitch; side, together, side, hitch**

1-4 Step R to side, step L together, step R to side, little hitch with L

5-8 Step L to side, step R together, step L to side, little hitch with R

**(Option on counts 4 & 8 would be touches in place of hitches)**

**Sec. 2: Step fwd touch toe, step back touch heel x 2**

1-4 Step R fwd, touch/tap L behind R. Step L back, touch/tap R in front

5-8 Repeat 1-4

**(Option on count 4 & 8, touch to instep)**

**Sec. 3: Walk fwd 3 steps, kick; walk back 3 steps, touch**

1-4 Walk fwd R-L-R, kick L fwd

5-8 Walk back L-R-L, touch R to L instep

**Sec. 4: Jazz triangle with ¼ turn R, repeat**

1-4 Step R fwd across L, step L straight back, turn ¼ R stepping R to side, step L together with R (3 o'clock)

5-8 Repeat 1-4 (6 o'clock)

**As dancers gain confidence, change songs to increase the bpm.**

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