

## T & W's Steps

64 Count, 4 Wall, Intermediate

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Choreographed to: Step by KARA

**Intro: 16 Counts. (00:08).****For a clearer picture of the hand movements, do watch our video in youtube:****Introduction (1 Wall, 20 Counts)**

**S1 OUT-OUT-IN-IN (V STEP), FWD, CHUG 1/3 R x 3**  
1 2 3 4 Step R diag. fwd, step L diag. fwd, step R back, close L beside R  
5 6 7 8 Step R fwd, (1/3 R point L to L) x 3 (12:00)

**S2 OUT-OUT-IN-IN (V STEP), FWD, CHUG 1/3 L x 3**  
1 2 3 4 Step L diag. fwd, step R diag. fwd, step L back, close R beside L  
5 6 7 8 Step L fwd, (1/3 L point R to R) x 3 (12:00)

**S3 CHEST PUMPS x 4**  
1 2 3 4 Make a cool pose!! & pump your chest fwd and back x 4

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**S1: HEEL GRIND 1/4 R, COASTER STEP, HEEL GRIND 1/4 L, COASTER STEP**  
1 2 3&4 Grind R heel fwd a 1/4 R, step L back, step R back, step L beside R, step R fwd (3:00)  
5 6 7&8 Grind L heel fwd a 1/4 L, step R back, step L back, step R beside L, step L fwd (12:00)

**S2 WALK x 2, FWD SHUFFLE, FWD, 1/2 L BACK, COASTER STEP**  
1 2 3&4 Walk fwd on R-L, step R fwd, step L beside R, step R fwd  
5 6 7&8 Step L fwd, 1/2 L step R back, step L back, step R beside L, step L fwd (6:00)

**S3: HOP FWD, CLOSE TOUCH x 4, HIP BUMP FWD AND BACK, HIP ROLL C/W**  
&1&2&3&4 (Hop R diag. fwd, touch L beside R, hop L diag. fwd, touch R beside L) x 2  
5 6 7 8 Step R fwd and bump hips fwd, bump hips back, roll hips clockwise once over 2 counts.

**S4: FWD ROCK, RECOVER, COASTER STEP, JAZZ BOX 1/4 R**  
1 2 3&4 Rock L fwd, recover R, step L back, step R beside L, step L fwd  
5 6 7 8 Cross R over L, step L back, 1/4 R step R to R, cross L over R (9:00)

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**Add Tag here on Wall 5 facing 9:00.****This Section is a danced as Nightclub rhythm, hence it's counted at 1/2 the usual speed.**

**TS1 SIDE, BACK ROCK, RECOVER, DIAG. L FWD, STEP, PIVOT 1/2 L, STEP, STEP, PIVOT 1/2 R, STEP, FWD ROCK, RECOVER, 1/4 R FWD**  
1 2&3 Long step R to R, rock L back, recover R, long step L towards L diag. (7:30)  
4&5 Step R fwd, pivot 1/2 L, step R fwd (1:30)  
6&7 Step L fwd, pivot 1/2 R, step L fwd (7:30)  
8&1 Rock R fwd, recover L, 1/4 R long step R fwd (10:30)

**TS2 FWD, 1/4 L BACK, BACK, BACK, 1/4 L FWD, FWD, FULL R TRIPLE FWD, FWD ROCK, RECOVER, 3/8 R**  
2&3 Step L fwd, 1/4 L step R back, step L back (7:30)  
4&5 Step R back, 1/4 L step L fwd, step R fwd (4:30)  
6&7 1/2 R step L back, 1/2 R step R fwd, step L fwd (4:30)  
8& Rock R fwd, recover L and turn 3/8 R to start again facing 9:00. (9:00)

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**S5: SIDE, BEHIND, SIDE, CROSS, SIDE TOUCH, 1/2 R MONTEREY, SIDE TOUCH, CLOSE TOUCH**  
1234 Step R to R, cross L behind R, step R to R, cross L over R  
5678 Touch R to R, 1/2 R close R beside L, touch L to L, touch L beside R (3:00)

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**S6: HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH, RECOVER, HIP PUSH WITH VARIOUS HAND MOVEMENTS**

1 2 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

**Hand Movements: (1) Extend R arm diag. R up, (2) drop R arm to side**

3 4 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, step R beside L

**Hand Movements: (1) Crossing both hands in front of your face, (2) drop both hands to sides**

5 6 Tap ball of L foot diag. L fwd pushing L hip fwd in a slight cc/w hip roll motion, step L beside R

**Hand Movements: (1) With both fists in front of chest push both elbows back like doing a stretch (2) drop both hands to sides**

7 8 Tap ball of R foot diag. R fwd pushing R hip fwd in a slight c/w hip roll motion, hold

**Hand Movements: (1) Spread both hands (with palms facing fwd) to sides at hip level (2) hold**  
**Restart here on Walls 2 & 3 facing 12:00 & 3:00.**

**S7: HEEL SWITCHES, FWD, ¼ R SIDE TOUCH, CROSS, ¼ L BACK, DESTROZA (SWAY L-R WITH HAND MOVEMENTS)**

1&2& Touch R heel fwd, step R beside L, touch L heel fwd, step L beside R

3 4 Step R fwd, ¼ R touch L to L bending R knee **[6:00]**

5 6 Cross L over R, ¼ L step R back **[3:00]**

7 8 Stomp L to L sway hip L and up, recover R sway hip R and up  
(This move is known as the 'Destroza' in Regggaeton.)

**Hand Movements: (7) Swing R arm across and behind body as you swing L arm to L, (8) Swing L arm across and behind body as you swing R arm to R**

**S8: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, ½ L UNWIND**

1 2 3 4 Cross L over R. Step R to R. Cross L behind R. Step R to R

5&6 7 8 Cross rock L over R, recover R, step L to L, Cross R Over L, Unwind ½ L **[9:00]**

**REPEAT**

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