

Ai Ren Nv Shen

32 Count, 4 Wall, Beginner

Choreographer: Ivy Tang (MY) March 2015

Choreographed to: Ai Ren Nu Shen By Alan Tam

Intro: count 16

Section 1: Toe STRUT RIGHT(R&L), ROCKING CHAIR

1-2 Touch R toe Forward, Drop R heel to the floor
3-4 Touch L toe Forward, Drop L heel to the floor
5-6 Step RF forward, Recover onto LF
7-8 Step RF back, Recover onto LF

Section 2: FORWARD, PIVOT 1/2 TURN L , FORWARD SHUFFLE, FORWARD, PIVOT 1/4 TURN R, CROSS SHUFFLE

1-2 Step RF forward, Pivot 1/2 turn L(06:00)
3&4 Shuffle in place Right, Left, Right
5-6 Step forward LF, Pivot 1/4 turn R, Step weight on RF(09:00)
7&8 Cross LF over RF, Step RF to right, Cross LF over RF

Section 3: ROCK, RECOVER, TOGETHER, HOLD&CLAP (R&L)

1-2 Rock RF to right, Recover onto LF
3-4 Step RF together, Hold & Clap Hands
5-6 Rock LF to left, Recover onto RF
7-8 Step LF together, Hold & Clap Hands

Section 4: FORWARD, RECOVER, SAILOR 1/2 TURN R, FORWARD, RECOVER, COASTER

1-2 Step RF Forward, Recover onto LF
3&4 Step RF Behind LF, 1/2 turn R step LF together RF, Step RF forward(03:00)
5-6 Step LF forward, Recover onto RF
7&8 Step LF back, Step RF beside LF, Step LF Forward

Ending : Wall 9 dance 24 counts and facing front wall Clap Your Hands

Happy Dancing @No Dancing No Life@