

Tie Me Down!

32 Count, 2 Wall, Intermediate

Choreographer: Tara Busbridge & Keith Westcar (June 2015)

Choreographed to: Tie Me Down by Jack Savoretti,

Album: Written In Scars (iTunes, Amazon)

Intro 8 Counts From Heavy Beat, Approximately 20 seconds

1 Step Right, Kick-Ball-Point X 2, Left Jazz 1/4

- 1 Step Right To Right Side.
2&3 Kick Left Foot Forward, Step Left Next to Right, Point Right to Right Side.
4&5 Kick Right Foot Forward, Step Right Next to Left, Point Left to Left Side.
6,7,8 Cross Left Over Right, ¼ Left Turn stepping back on Right, Step Left to Left.

2 Cross & Heel X 2, 1/4 Turn Right, 1/4 Chasse Right, Ball Step.

- 1&2& Cross Right Over Left, Step Left to Left & Dig Right Heel to Right Diagonal, Step Right Next to Left.
3&4 Cross Left Foot Over Right, Step Right to Right Side, Dig Left Heel to Left Diagonal
&4&,5 Step Left Next to Right, Cross Right Foot Over Left,
6 Turn ¼ Right stepping back on Left.
7&8 Turn ¼ Right step Right, Step Left Next To Right, Step Right to Right.
& Step Left Next to Right **

3 Right Side Rock & Cross, Hold, Ball-Cross, ¾ Turn Right, Left Shuffle.

- 1&2 Rock Right to Right Side, Recover weight on Left, Cross Right over Left.
3&4 Hold, Step Left to Left, Cross Right over Left.
5-6 Turn ¼ Right Stepping Back On Left, Turn ½ Right Stepping Forward on Right.
7&8 Step Left Forward, Step Right Next to Left, Step Left Forward. (*Alternatively Full Triple Turn Right*)

4 Right Rock, Recover, ½ Shuffle Right, Kick & Point, Dig & Touch.

- 1-2 Rock Forward on Right, Recover Weight on Left.
3&4 Turn ¼ Right Stepping Right to Right, Step Left Next to right, Turn ¼ Right Stepping Forward on Right.
5&6& Kick Left Forward, Step Left next to Right, Point Right to Right, Step Slightly back on Right.
7&8 Dig Left Heel Forward, Step Left next to Right. Point Right back behind Left.

Repeat (*Continue Same Speed Through Slow Section at End of Music, Dance Will Finish Facing 12 O'clock*)

Tag 1 ** Insert After counts 16 on Wall 2 (Restart 12 O'clock) & Wall 5 (Restart 6 O'clock) then Restart Dance.

Right Rock, Sailor ¼ Right, Touch

- 1-2 Rock Right to Right, Recover Weight On Left
3&4 Sweep Right Behind Left, Turn ¼ Right Stepping back on Left, Touch Right to Right.

Tag 2 At the end of Wall 3 (Facing 6 O'Clock)

" Full Diamond-ish" Shape, Right Jazz Box Cross

- 1&2 Step Right To Right Diagonal, Turn ¼ Left Stepping Right Next to Left,
Step Right Foot Back to Left Diagonal
3&4 Stepping Left Next to Right, Step Right Foot Back Behind Left, Step Left to Left Diagonal.
5&6 Turn ¼ Left Stepping Right Next to Left, Step Left Foot Back Behind Right,
Step Right Back to Right Diagonal
7&8 Turn ¼ Left Stepping Left Next to Right, Step Right Behind Left, Turn ¼ Left Stepping Forward on Left
(*You should finish in approximately the same position before you started tag 2.*
This section feels good danced on the balls of your feet, kinda natural!)

- 1-4 Cross Right Over Left, Step Back on Left, Step Right to Right, Cross Left Over Right.

Enjoy Yourself.