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Flamin' Mamie

32 Count, 4 Wall, Improver

Choreographer: Martie Papendorf (South Africa) July 2015

Choreographed to: Flamin' Mamie by Koko Taylor
(3:31 – 116 bpm)

Start on vocals after 32 counts - NO Tags Or Restarts

S1: WALK FWD R, L, ANCHOR STEP, BACK, POINT, BACK, POINT

1,2 Step R fwd, Step L fwd,
3&4 Step R behind L, Step L in place, Step R in place,
5,6 Step L back to face right diagonal, Point R to right diagonal,
7,8 Step R back to face left diagonal, Point L to left diagonal [12.00]

S2: &, JAZZ BOX ¼ RIGHT, SIDE, POINT, &, CROSS, HEEL

&1,2 Step L in place, Step R across L, Step L back,
3,4 Step R to right side making a ¼ turn right, Step L across R,[3.00]
5,6 Step R to right side, Point L behind R swinging arms across to right,
&7,8 Step L to left side, Step R across L [no weight], Touch R heel to right diagonal [3.00]

S3: &, CROSS, BACK, CHASSE LEFT, CROSS, SIDE, SAILOR STEP

&1,2 Step R in place, Step L across R, Step R back,
3&4 Step L to left side, Step R next to L, Step L to left side,
5,6 Step R across L, Step L to left side,
7&8 Swing R out and step behind L, Step L to left side, Step R to right side [3.00]

S4: ROCK FWD, BACK ¼ LEFT, FWD ¼ LEFT, SCUFF, TOUCH, LIFT, DROP, TOUCH, LIFT, STEP

1,2 Rock L fwd, Recover R back making a ¼ turn left, [12.00]
3,4 Step L fwd making a ¼ turn left, Scuff R next to L,[9.00]
5&6 Touch R fwd, Lift both heels, Drop heels [weight to R],
7&8 Touch L fwd, Lift both heels, Step L fwd [9.00]

Note: Dance counts 5&6, 7&8 with "bouncing" action.