

## Blue Lagoon

32 count, 4 wall, beginner/intermediate level  
Choreographer: Liz Larsson (Sweden) March 2005  
Choreographed to: Break My Stride by Blue Lagoon,  
single cd

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### **Kick ball change, shuffle ¼, step turn ½, shuffle forward**

1&2 Kick R forward, step R beside L, step L in place  
3&4 Make a ¼ turn right stepping R forward, close L onto R, step R forward  
5-6 Step forward L, make a ½ turn right, taking weight onto R  
7&8 Step L forward, step R next to L, step L forward.

### **Heel, hook, heel, flick, shuffle forward, step turn ¼ X2**

1&2 Tap R heel forward, hook R across L, tap R heel forward, flick right foot up behind  
3&4 Step R forward, step L next to R, step R forward  
5-6 Step forward L, make a ¼ turn right, taking weight onto R  
7-8 Step forward L, make a ¼ turn right, taking weight onto R

### **Reverse sailor step x2, cross point x2**

1&2 Cross L over R, step back R, step forward L  
3&4 Cross R over L, step back L, step forward R  
5-6 Cross L over R, point R to right  
7-8 Cross R behind L, point L to left

### **Kick ball change, step turn step ½, slide touch x2**

1&2 Kick L forward, step L beside R, step R in place  
3&4 Step forward L, make ½ turn right, step forward L  
5-6 Large step R to side sliding L to meet R and clap  
7-8 Large step L to side sliding R to meet L and clap

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