

## Heartache

64 Count, 2 Wall, Beginner

Choreographer: Mayee Lee (MY) July 2015

Choreographed to: Sakitnya Tuh Disini by Cita Citata (CD: 3:14)

---

**Intro: Start after 64 counts or start at 0.31 seconds**

- Sec 1: Touch R Diagonal, Hold, R Coaster, Touch L Diagonal, Hold, L Coaster**  
12 3&4 Touch R diagonally R(1), hold(2), step R back(3), step L beside R(&), step R forward(4)  
56 7&8 Touch L diagonally L(5), hold(6), step L back(7), step R beside L(&), step L forward(8) 12.00  
**(Hand movement : counts 1 2 & 5 6 do chest bump twist)**
- Sec 2: R Out, L Out, Bump hip R L R L R L**  
1 – 4 Step R out(1), step L out(2), bump hip to R(3), bump hip to L(4)  
5 – 8 Bump hip to R(5), bump hip to L(6), bump hip to R(7), bump hip to L(8) 12.00
- Sec 3: Touch x3, ¼ Turn R Hitch, ¼ Turn R Sit On R, Hold, ¼ Turn L Forward, ¼ Turn L**  
1 – 4 Touch R forward(1), touch R to diagonally R(2), touch R to R(3), ¼ turn R hitch R(4) 3.00  
5 – 8 ¼ turn R step R to R & sit on R(5)(6.00), hold(6), ¼ turn L step L forward(7)(3.00),  
¼ turn L step R beside L(8) 12.00
- Sec 4: Touch x3, ¼ Turn L Hitch, ¼ Turn L Sit On L, Hold, ¼ Turn R Forward, ¼ Turn R**  
1 – 4 Touch L forward(1), touch L to diagonally L(2), touch L to L(3), ¼ turn L hitch L(4) 9.00  
5 – 8 ¼ turn L step L to L & sit on L(5)(6.00), hold(6), ¼ turn R step R forward(7)(9.00),  
¼ turn R step L beside R(8) 12.00
- Sec 5: Cross R, Recover L, R Side, Cross L, Recover R, Together, R Forward, ½ Turn R**  
1 – 4 Cross R over L(1), recover on L(2), step R to R(3), cross L over R(4)  
5 – 8 Recover on R(5), step L beside R(6), step R forward(7), ½ turn R step L back(8) 6.00
- Sec 6: Rock R Back, Recover L, Full Turn L, R Out, L Out, R Back, L Back & Sit, Hold**  
1 – 4 Rock R back(1), recover on L(2), ½ turn L step R back(3)(12.00), ½ turn L step L forward(4) 6.00  
56 &78 Step R out(5), step L out(6), step R back(&), step L back & sit on L(&), hold(8) 6.00
- Sec 7: Body Roll, Chest Bump, R Side, Touch L Back, L Side, Touch R Back**  
1 – 4 Roll your body to diagonally R(1-2), hold 2 counts with chest bump(3-4)  
5 – 8 Step R to R(1), touch L back(2), step L to L(3), touch R back(4) 6.00
- Sec 8: Rolling Vine To R, L Side, R Together, L Side, Touch R**  
1 – 4 ¼ turn R step R forward(1)(9.00), ½ turn R step L back(2)(3.00), ¼ turn R step R to R(3)(6.00),  
touch L beside R(4) 6.00  
5 – 8 Step L to L(5), step R beside L(6), step L to L(7), touch R beside L(8) 6.00
- Ending: Wall 6 (6.00), dance 29 counts**

**No Tag No Restart!**