

No Sacrifice

64 Count, 4 Wall, Beginner

Choreographer: Chatti the Valley (ES) Aug 2013

Choreographed to: No Sacrifice by Elton John
(bpm 96)

Intro: 16

1-8: Left RHUMBA BOX, HOLD, Left STEP TURN, ½ TURN & BACK, Left SWEEP.

- 1 Step left to left side
- 2 Step right beside left foot
- 3 Step left forward
- 4 Hold
- 5 Step right forward
- 6 ½ turn left & Weight on left foot
- 7 ½ turn left & Step right back (12:00)
- 8 Sweep left foot from forward to back

9-16: Left BEHIND, Right SIDE, ¼ TURN & Left SIDE, HOLD, Right BEHIND, ¼ TURN & STEP, STEP, HOLD.

- 1 Step left behind right foot
- 2 Step right to right side
- 3 ¼ turn right & Step left to left side (3:00)
- 4 Hold
- 5 Step right behind left foot
- 6 ¼ turn left & Step left forward (12:00)
- 7 Step right forward
- 8 Hold

17-24: Right STEP TURN, ½ TURN & BACK, Right SWEEP & BEHIND, Left SIDE, ¼ TURN & Right SIDE, HOLD.

- 1 Step left forward
- 2 ½ turn right & Weight on right foot
- 3 ½ turn Right & Step Left back (12:00)
- 4 Sweep right foot from forward to back
- 5 Step right behind left foot
- 6 Step left to left side
- 7 ¼ turn left & Step right to right side (9:00)
- 8 Hold

25-32: Left BEHIND, SIDE, CROSS, HOLD, Left STEP TURN & STEP, HOLD.

- 1 Step left behind right foot
- 2 Step right to right side
- 3 Cross left over right foot
- 4 Hold
- 5 Step right forward
- 6 ½ turn left & Weight on left foot (3:00)
- 7 Step right forward
- 8 Hold

33-40: Left SHUFFLE FULL TURN, Right SWEEP, CROSS, BACK, SIDE, Left SWEEP.

- 1 ½ turn right & Step left back
 - 2 ½ turn right & Step right forward
 - 3 Step left forward
 - 4 Sweep right foot from back to front
 - 5 Cross right over left foot
 - 6 Step back on left
 - 7 Step right to right side
 - 8 Sweep left foot over right
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41-48: Left CROSS, BACK, SIDE, HOLD, Right BEHIND, SIDE, CROSS, HOLD.

- 1 Cross left over right foot
- 2 Step right back
- 3 Step left to left side
- 4 Hold
- 5 Step right behind left foot
- 6 Step left to left site
- 7 Cross right over left foot
- 8 Hold

49-56: ¼ TURN & BACK, ½ TURN & STEP, Left STEP, Right SWEEP, Right CROSS, BACK, CROSS, HOLD.

- 1 ¼ turn right & Step left back
- 2 ½ turn right & Step right forward (12:00)
- 3 Step left forward
- 4 Sweep right foot from back to front
- 5 Cross right over left foot
- 6 Step left back
- 7 Cross right over left foot
- 8 Hold.

57-64: ¼ TURN & BACK, SIDE, CROSS, HOLD, Right MAMBO CORSS, HOLD.

- 1 ¼ turn right & Step left back (3:00)
- 2 Step right to right side
- 3 Cross left over right foot
- 4 Hold
- 5 Step right to right side
- 6 Recover weight on left foot
- 7 Cross right over left
- 8 Hold.

START AGAIN
