

Not The One

32 Count, 4 Wall, Beginner

Choreographer: Annie & Kent (SE) June 2015

Choreographed to: I'm Not The Only One by
Sam Smith CD: In The Lonely Hour (Deluxe version)
88 bpm

32 Count Intro

Step, lock, lock shuffle, step, lock, lock shuffle

- 1-2 Step diagonally forward on right, lock left behind right
- 3&4 Step diagonally right forward, lock left behind right, step diagonally forward on right
- 5-6 Step diagonally forward on left, lock right behind left
- 7&8 Step diagonally left forward on left, lock right behind left, step diagonally forward on left

Rock step, run back, rock step, skate, skate

- 1-2 Step forward on right, recover onto left
- 3&4 Run backwards right, left, right
- 5-6 Step back on left, recover onto right
- 7-8 Skate left, skate right

Step, touch, back, hook, ¼ turn left, touch, unwind ½, step

- 1-2 Step forward left, touch right behind left
- 3-4 Step back on right, hook left in front of right
- 5-6 ¼ right stepping left to the side, touch right behind left
- 7-8 ½ unwind right, step forward on left

Sway x 2, behind, side, cross, sway x 2, run forward left, right, left

- 1-2 Sway right, sway left
- 3&4 Step right behind left, step left to left side, step right in front of left
- 5-6 Sway left, sway right
- 7&8 Run forward left, right left

Start Again
