

Web site: www.linedancerweb.com

E-mail: admin@linedancerweb.com

Ciao Bella

32 Count, 2 Wall, Improver, Samba Choreographer: Gordon Timms (UK) July 2015 Choreographed to: Bella Sirena by The Mario Riccardi Orchestra (3.44 version) (97 bpm)

Musical introduction: 32 Counts. Start on vocals...

Samba Walks, Step Lock Step, Quarter Turn and Side, Diagonal Right 'Volta'

- 1 2 Walk Forward Right, Walk Forward Left. (One foot in front of other and use the hips!)
- **3 & 4** Step right forward, lock left behind right, step right forward.
- **5 6** Turning ½ turn right step back on left, Step right to right side. (3:00)
- 7 & 8 On a slightly forward diagonal, Cross left over right, step right to right side, cross left over right. (3:00)

Quarter Turn and Side, Diagonal Left 'Volta', Step, Half Turn Pivot Right, Step, Lock, Step.

- 1 2 Turning ½ turn left step back on right, Step left to left side. (12:00)
- 3 & 4 On a slightly backward diagonal, Cross right over left, step left to left side, cross right over left.
- **5 6** Step back on Left pivot ½ turn right (5) Step forward on to Right (6) (6:00)
- **7 & 8** Step left forward, lock right behind left, step left forward. (6:00)

Step, Touch, Low Kick Across, Side Step, & Touch, Two low flicks, Behind Side Cross.

- 1 2 Step right to right side, touch left toe next to right instep. (Keep weight on Right)
- 3 & 4 Low kick forward on left over right, long step left to left side, touch right foot next to left.
- 5-6 With the Right foot, flick it twice on the Right diagonal (1)(2) keeping the toe pointing down!!
- 7 & 8 Step Right behind Left, step Left to Left side, cross step Right over Left. (6:00)

'Boto Fogos' to the Right and Left, Rock, Replace, Sway, Modified Forward Coaster Step.

- 1 a 2 Rock left out to left side, recover on to right, travelling slightly forward cross left over right.
- 3 a 4 Rock right out to right side, recover on to left, travelling slightly forward cross right over left.
- **5 6** Rock Left out to Left side (5) Recover weight on to Right(6)
- 7 & 8 Sway weight on to Left, Step Right next to Left, Step Left slightly forward. (6:00)

FINISH: Last strains of music....! Facing the front...two 'Corta Jaca' steps look good at the end?)

NOTE: Kicks and Flicks in Latin dances are always done from the knee action...keeping the toe of your foot pointing down to the floor.

ENJOY THE DANCE!

I am dedicating this dance to a dear line dance friend and instructor – Sally George – Eugene – Oregon - USA.

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768'charged at 10p per minute