

## Beam Me Up

Phrased, 56 Count, 1 Wall, Improver  
Choreographer: Karine Moya (Fr) April 2015  
Choreographed to: Beam Me Up by Hawa

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**Seq: AA (32T) BAA (32T) BBA (32T) Restart A (32T) Restart A (32T) Restart A (32T) BB**  
**Intro : 16 counts - Options are only for FUN**

### **PART A – 48 counts**

**1 (DIAGONAL): RIGHT STEP CLAP, CLAP STEP LEFT, RIGHT SHUFFLE BACK, STEP BACK TOUCH, STEP BACK TOUCH, SHUFFLE LEFT BACK**

- 1 & Step diagonally R and clap
- 2 & Step diagonally L and clap
- 3 & 4 Step (RLR) back diagonally
- 5 & Step L back diagonally and step R foot next to left
- 6 & Step R back diagonally and step L foot next to right
- 7 & 8 Shuffle (LRL) back diagonally

**Option Styling : Open and close the arms and hands diagonally with the beat, the upper body leaning slightly forward,**

**2 JAZZ BOX, STEP ½ PIVOT WITH HIP X2**

- 1-2 Cross right over left, step L back
- 3-4 Step right to right, step L forward

**Option Styling: Swing both arms right to left and from left to right**

- 5-6 Step R forward pushing the hip forward, ½ turn Left stepping forward
- 7-8 Step R forward pushing the hip forward, ½ turn Left stepping forward

**Option Styling: Open both arms at the sides of the body pushing back (palms open facing backwards), close the arms after each half turn**

**3 (ON RIGHT DIAGONAL) RIGHT KICK STEP FORWARD, LEFT KICK STEP FORWARD, SIDE ROCK CROSS, (ON LEFT DIAGONAL) TOE STRUT FORWARD, TOE STRUT FORWARD, SIDE ROCK CROSS**

- 1 & Kick R diagonally R, step R advancing
- 2 & Kick L diagonally R, step L advancing

**Option Styling: Swing L & R arms forwards and backwards in the opposed sense to the Kicks**

- 3 & 4 Step right to right recover onto left, cross right over left
- 5 & Left Toe Strut diagonally L advancing
- 6 & Right Toe Strut diagonally L advancing

**Option Styling: Swing L & R arms forwards and backwards in the opposed sense to the Toe Strut (Palms down)**

- 7 & 8 Step left to left recover onto right, cross left over right

**4 SLOW HEEL STEP, FAST HEEL STEP X2 (TRAVELLING LEFT & RIGHT)**

- 1-2 Cross right heel over left, step left to left, turning right heel
- 3 & 4 Cross right heel over left, step left to left, turning right heel, cross right heel over left

**Option Styling: Begin with both arms bent to the R side, open palms forward, and move across the body to the L, synchronized with heel step then fast change of direction, moving hands opposite direction for L heel steps**

- 5-6 Cross left heel over right, step right to right, turning left heel
- 7 & 8 Cross left heel over right, step right to right, turning left heel, cross heel over right

### **PART B & RESTARTS here After 32 counts**

**5 STEP FORWARD, TOUCH BACK, STEP BACK, RIGHT KICK, RIGHT COASTER STEP, STEP FORWARD, PIVOT ½ TURN RIGHT, ½ TURN RIGHT STEPPING BACK, TOUCH POINT POINT**

- 1 & Step right forward, touch left behind right
- 2 & Step back left, kick R

**Option Styling : 1 & Open arms and hands wide apart R arm in front (&) stay with arms apart (2) close arms when you step back (&) Open arms and hands L arm in front**

- 3 & 4 Step back right, together left beside right, step R forward
- 5 & 6 Step L forward ½ turn right on right, ½ turn right stepping L back
- 7 & 8 Point right to R side, Touch R beside left, Point right to R side

**Option Style: When you do the POINT TOUCH POINT dip and raise the right and left shoulders each time you change**

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**6 BACK TOE STRUT AND SNAP X2, MONTEREY ½ TURN X2, HEEL TOE SWIVEL RIGHT AND LEFT**

- 1 & R Toe Strut back snap R fingers,  
2 & L Toe Strut back, snap L fingers  
3 & Point right to right, pivot ½ turn right, step right next to left  
4 & Touch left to left, step left next to right,  
5 & Point right to right, pivot ½ turn right, step right next to left  
6 & Touch left to left, step left next to right,  
7 & Heel toe swivel, feet turned to R  
8 & Heel toe swivel, feet turned to L

**Option Styling : During HEEL TOE SWIVEL R, Bend the right arm to the R side & opening the hand and at the same time bend the left arm with L hand open in front of your stomache as if holding a guitar without closing hands arms change side for the HEEL TOE SWIVEL L**

**PART B – 8 counts**

**STRUTS ROUND IN A FULL CIRCLE RIGHT,, TOE HEEL TWIST RIGHT AND LEFT**

- 1 & ¼ turn R, right Toe Strut, (3:00)  
2 & ¼ turn R, left Toe Strut (6:00)  
3 & ¼ turn R, right Toe Strut,(9:00)  
4 & ¼ turn R, left Toe Strut(12:00)

**Option Styling : During TOE STRUTS, bend the L arm , shaking L hand , fingers stretched, throughout the turn, while watching with your head to the L**

- 5 & 6 Twist heel Toe Heel to R,  
7 & 8 Twist heel Toe Heel to L

**Option Styling : Begin with both arms bent to the R side, open palms forward, and move across the body to the L, synchronized with twist and then reverse with both hands bent to the left**