

## Back It Up, Now!

48 Count, 2 Wall, Intermediate

Choreographer: : Pim van Grootel & Bella Scholtz  (NL)

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Choreographed to: Back it Up by Prince Royce, ft. Pitbull

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### Starts after: After 32 Counts

**S1: Basic Samba Steps, R, L, Shuffle Fwd, Diagonal R, Kick, Cross Shuffle Back, Kick**

|   |    |  |         |
|---|----|--|---------|
| 1 | RF | Step to right side                         |         |
| & | LF | Rock back                                  |         |
| 2 | RF | Recover weight                             |         |
| 3 | LF | Step to left side                          |         |
| & | RF | Rock back                                  |         |
| 4 | LF | Recover weight                             |         |
| 5 | RF | Step side, Diagonal right forward -        | (10.30) |
| & | LF | Step next to RF                            |         |
| 6 | RF | Step side, Diagonal right forward -        | (10,30) |
| & | LF | Kick to left side                          |         |
| 7 | LF | Step side, Diagonal left backwards         | (10.30) |
| & | RF | Cross over LF                              |         |
| 8 | LF | Step side, Diagonal left backwards         | (10.30) |
| & | RF | Kick to right side, (Body rotate to 12.00) |         |

**(Note: Count 5 up to 8& is done in the diagonals from 1.30 – 7.30, Body is Facing 10.30)**

**S2: Sailor Step R, L, Cross Behind, Shuffle L, Rock R, Recover Weight**

|   |    |                          |         |
|---|----|--------------------------|---------|
| 1 | RF | Cross behind LF          | (12.00) |
| & | LF | Step to left side        |         |
| 2 | RF | Small step to right side |         |
| & | LF | Cross behind RF          |         |
| 3 | RF | Step to right side       |         |
| & | LF | Small step to left side  |         |
| 4 | RF | Cross behind LF          |         |
| 5 | LF | Step to left side        |         |
| & | RF | Step next to LF          |         |
| 6 | LF | Step to left side        |         |
| 7 | RF | Rock to right side       |         |
| 8 | LF | Recover weight           |         |

**S3: Step Fwd 1/8 Turn L, 1/2 Turn L, Cross Shuffle 1/2 Turn L, Full Turn L, Coaster Step, Flick**

|   |    |                                       |         |
|---|----|---------------------------------------|---------|
| 1 | RF | Step diagonal left forward            | (10.30) |
| 2 | LF | 1/2 Turn left, stepping forward       | (4.30)  |
| 3 | RF | 1/4 Turn left, stepping to right side | (3.00)  |
| & | LF | Cross over RF                         |         |
| 4 | RF | 1/4 Turn left, stepping backwards     | (10.30) |
| 5 | LF | 1/2 Turn left, stepping forward       | (4.30)  |
| 6 | RF | 1/2 Turn left, stepping backwards     | (10.30) |
| 7 | LF | Step backwards                        |         |
| & | RF | Step next to LF                       |         |
| 8 | LF | Step forward                          |         |
| & | RF | Flick backwards                       |         |

**S4: Rocking Chair, Cross Rock Step, Cross Rock Step, Cross Over, 1/4 Turn R**

|   |    |                                    |         |
|---|----|------------------------------------|---------|
| 1 | RF | Rock forward                       | (10.30) |
| & | LF | Recover weight                     |         |
| 2 | RF | Rock backwards                     |         |
| & | LF | Recover weight                     |         |
| 3 | RF | 1/8 Turn right, crossing over LF   | (12.00) |
| & | LF | Rock to left side                  |         |
| 4 | RF | Recover weight                     |         |
| 5 | LF | Cross over RF                      |         |
| & | RF | Rock to right side                 |         |
| 6 | LF | Recover weight                     |         |
| 7 | RF | Cross over LF                      |         |
| 8 | LF | 1/4 Turn right, Stepping backwards | (3.00)  |

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**S5: 3/8 Turn R, Lock Shuffle Right, 1/2 Turn R, Lock Shuffle L, 1/2 Turn R, Lock Shuffle R, Step Fwd 1/2 Turn R**

1 RF 3/8 Turn right, stepping forward (7,30)  
& LF Lock behind RF  
2 RF step forward  
3 LF 1/2 Turn right, Stepping backwards (1.30)  
& RF Cross over LF  
4 LF Step backwards  
5 RF 1/2 Turn right, stepping forward (7.30)  
& LF Lock behind RF  
6 RF Step forward  
7 LF Step forward  
8 RF 1/2 Turn right, stepping forward (1.30)

**S6: Walk L, R, Step fwd, Lock Step, Shuffle R, Step Fwd 5/8 Turn L**

1 LF Step forward (1.30)  
2 RF Step forward  
& LF Step forward - (Go a little on the toes)  
3 RF Lock behind LF  
& LF Small step forward  
4 RF Step forward  
5 LF Step forward  
& RF Step next to LF  
6 LF Step forward  
7 RF Step forward  
8 LF 5/8 Turn Left, stepping forward (6.00)

**RESTART: In wall 2 after 32, counts, Add a 1/4 Turn Right, to start the dance again on count 1.**

**TAG: After Wall 5 doing the following steps:  
Right & Left Arm Up in the Air**

1-4 Right arm up in the air  
5-8 Left arm up in the air

**Hips, R, L, R, L**

1-2 Hips to the right  
3-4 Hips to the left  
5-6 Hips to the right  
7-8 Hips to the left (weight ends on LF)

**- While doing the hips you bring the arms down)**

1 RF Step forward  
2 LF Step forward  
3 RF Step forward  
4 LF 1/2 Turn left, stepping forward.

**After doing the tag, you will only be dancing the dance 2 more times. Dance the dance only up to count 32. (2x)**

**Enjoy, have fun!!**

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