

Running

48 Count, 4 Wall, Intermediate
Choreographer: Will Craig (US) June 2015
Choreographed to: Running by James Bay

Count in: After 32 counts

- (1-8) Sweep, Behind Side Cross, Rock and Cross, Side Cross Side, Rock Recover**
1 2& Step back on left sweeping R Behind left (1), Step R behind left (2) Step L to left side (&
3 4& Cross R over left (3), Rock L to left side (4) Recover weight on R (&
5 6& Cross L over right (5), Step R to right side (6) Cross L over right (&
7 8& Step R to right side (7) Rock L behind right (8) Recover weight to R (&
- (9-16) Step Left To Left Side, Make ½ Turn Right, Side Cross Side, Rock Recover Sway X3, Side Rock Recover**
1 2& Step L to left side (1), Make ½ turn right Stepping R to right (2) Cross L over right (& (6:00)
3 4& Step R to right side (3) Rock L behind right (4) Recover weight to R (&
5 6& Sway L (5) Sway R (6) Sway L (&
7&8 Step R to right side (7) Rock L behind right (8) Recover weight to R (&
- (17-24) Towards the Diagonal Walk X2 Cross, ¼ Turn Back Back Side, Walk X2 ¼ Back, ½**
1 2 & Step Diagonal left with L (1) Step Diagonal left with R (2) Cross L over right (& (5:00)
3 4& Make ¼ turn left stepping back on R (3) (1:00) Step back on L (4) Step back on R
5 6 & Make ¼ turn left stepping L to left side (5) (11:00) Step forward on R (6) Step Forward on L (&
7 8 Make 1/8 turn left stepping back on R (7) Make ½ turn left stepping forward on L (8) (3:00)
- (25-32) ¼ Turn Night Club Basic, Side Coaster Step, Step Lock Step, Rock Recover ¼**
1 2& Make ¼ turn left stepping R to right (1) (12:00) Rock L behind right (2) Recover weight R (&
3 4& Step L to left side (3) Step R back (4) Step L next to right (&
5 6& Step R forward (5) Step L forward (6) Lock R behind left (&
7 8& Step L forward (7) Rock R forward (8) Recover weight to L while making ¼ turn left
- (33-40) Cross, ¼ ¼ Cross, Side Cross Side, Rock Recover, Side Back Together**
1 2& Cross R over left (1) (9:00), Make ¼ turn right stepping L back (2) (12:00), Make ¼ turn right
stepping R to right side (& (3:00)
3 4& Cross L over right (3), Step R to right side (4), Cross L over right (&
5 6& Step R to right side (5), Rock L behind right (6), Recover weight to R (&
7 8& Step L to left side (7) Step R back (8) Step L next to right (&
- (41-48) Step, Step Lock Step, Rock ¼ Cross, ¼ turn, ½ turn, Rock Recover**
1 2& Step Forward R (1) Step L forward (2) Lock R behind left (&
3 4& Step L forward (3) Rock R forward (4) Recover weight to L while making a ¼ turn
left (&)(12:00)
5 6 Cross R over left (5) Make ¼ turn right stepping L back (6) (3:00)
7 8& Make ½ turn right stepping R forward (7) (9:00) Rock L forward (8) Recover weight to R (&

RESTART : On the 4th wall Dance 16 counts and restart Facing the 9:00 wall
