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Around My Heart

16 Count, 4 Wall, Improver, Nightclub

Choreographer: Shelly Graham (USA) May 2015

Choreographed to: Smoke by A Thousand Horses

Intro: 16

These 16 counts are also used as the first part of my 24-count intermediate nightclub line dance, "Can't Let Go", danced to the same music.

RIGHT NC BASIC, LEFT NC BASIC, RIGHT ¼ TURN, RIGHT ½ TURN, RIGHT ¼ TURN, LEFT NC BASIC

- 1-2& Step right side, rock left back, recover to right
- 3-4& Step left side, rock right back, recover to left
- 5-6& Turn ¼ right and step right forward, step left forward, turn ½ right (weight to right) (9:00)
- 7-8& Turn ¼ right and step left side, rock right back, recover to left (12:00)

STEP RIGHT SIDE, DEMI-PLIE BOUNCE TWICE, ¾ UNWIND, SWEEP RIGHT, SYNCOPATED BOX TWICE

- 1-2& Step right side, cross/touch left behind (bend knees slightly), hold (straighten knees)
- 3-4 Hold (bend knees slightly), unwind ¾ left (weight to left), sweep right back to front (3:00)
- 5&6 Cross right over, step left back, step right side
- 7&8 Cross left over, step right back, step left side

ENDING On wall 16, change counts 7-8 to:

- 7-8 Step left forward, turn ¼ left and step right side (12:00)