

**My Heart And Soul**

64 Count, 4 Wall, Improver

Choreographer: Thomas C. Tam (Can) Jun 2015

Choreographed to: You're My Heart, You're My Soul by  
Thomas Anders (Album: Songs Forever)**Intro:** 32 counts

- S1: SIDE, SLIDE, BACK, RECOVER; 1/4 RIGHT, 1/2 RIGHT, 1/4 RIGHT SHUFFLE**  
1-2 Large step L to left, slide R towards L  
3-4 Step R behind L, recover on L  
5-6 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back (9:00)  
7&8 1/4 turn right shuffle R, L, R (12:00)
- S2: CROSS, RECOVER, 1/4 LEFT, 1/4 LEFT; BEHIND, 1/4 RIGHT, FORWARD, RECOVER**  
1-2 Cross L over R, recover on R  
3-4 Turn 1/4 left stepping L forward, turn 1/4 left stepping R to right (6:00)  
5-6 Step L behind R, turn 1/4 right stepping R forward (9:00)  
7-8 Step L forward, recover on R (\*Restart on Wall 3, facing 3:00\*)
- S3: TOE, STEP, TOE, STEP; BACK, RECOVER, PIVOT 1/4 RIGHT**  
1-2 Touch L toe back, step on L  
3-4 Touch R toe back, step on R  
5-6 Rock L back, recover on R  
7-8 Step L forward, turn 1/4 right with weight on R (12:00)
- S4: CROSS, SIDE, BEHIND, RONDE; BEHIND, SIDE, CROSS, RONDE**  
1-2 Cross L over R, step R to right,  
3-4 Step L behind R, sweep R back  
5-6 Step R behind L, step L to left  
7-8 Cross R over L, sweep L forward
- S5: 1/4 LEFT JAZZ BOX; LEFT VINE, TOUCH**  
1-2 Cross L over R, turn 1/4 left stepping R back (9:00)  
3-4 Step L to left, cross R over L  
5-6 Step L to left, step R behind L  
7-8 Step L to left, touch R next to L
- S6: RIGHT ROLLING VINE, TOUCH; SIDE, TOGETHER, LEFT SHUFFLE**  
1-2 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back (6:00)  
3-4 Turn 1/4 right stepping R to right, touch L next to R (9:00)  
5-6 Step L to left, step R next to L  
7-8 Left shuffle L, R, L
- S7: CROSS, RECOVER, 1/4 RIGHT, HOLD; PIVOT 1/4 RIGHT, CROSS, RECOVER**  
1-2 Cross R over L, recover on L  
3-4 Turn 1/4 right stepping R forward, hold  
5-6 Step L forward, turn 1/4 right with weight on R  
7-8 Cross L over R, recover on R
- S8: SCISSOR CROSS, HOLD; SCISSOR CROSS, HOLD**  
1-2 Step L to left, step R next to L  
3-4 Cross L over R, hold  
5-6 Step R to right, step L next to R  
7-8 Cross R over L, hold

**TAG:** There is an 8-count Tag at the end of Wall 6 (facing 12:00), repeat Section 8, then Restart