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Good Time Rock & Roll

32 Count, 4 Wall, Improver

Choreographer: Ira Weisburd (USA) June 2015

Choreographed to: And I by Danny & Bongy

Introduction: 8 counts. Start on vocal at 6 seconds.

1 TOE, STEP, TOE STEP, BACK, RECOVER, SIDE, KICK L; WEAVE BACK 3 STEPS, KICK R, WEAVE BACK 3, HOLD

1&2& Touch R toe in place, Step down onto R, Touch L toe in place, Step down onto L

3&4& Step R back, Recover forward onto L, Step R to R, Kick L to L

5&6& Step L behind R, Step R to R, Step L across R, Kick R to R

7&8 Step R behind L, Step L to L, Step R across L

SIDE TOE STRUT, CROSS TOE STRUT, L NIGHTCLUB; SIDE, BEHIND, 1/4 R, PIVOT 1/2 TURN R ONTO L, BACK, RECOVER

1&2& Touch L toe to L, Step down onto L foot, Touch R toe across L, Step down onto R

3,4& Step L to L, hold, Step R back, Recover forward onto L

5,6& Step R to R, hold. Step L behind, Make 1/4 R turn onto R (3:00)

7,8& Step L forward and pivot 1/2 Turn R (9:00), Step R back, Recover forward onto L

R FORWARD TOE STRUT, L FORWARD TOE STRUT, MAMBO FORWARD; MAMBO BACK, 1/4 TURN R, SIDE, BACK, RECOVER

1&2& Touch R toe forward, Step down on R, Touch L toe forward, Step down on L

3&4 Step R forward, Recover back onto L, Step R back

5&6 Step L back, Recover forward onto R, Step L forward

7&8& Make 1/4 Turn R onto R (12:00), Step L to L, Step R back, Recover forward onto L

SIDE TOE STRUT, CROSS TOE STRUT, BEHIND, SIDE, CROSS, SIDE; HEEL, STEP, CROSS, SIDE, HEEL, 1/4 TURN L, PIVOT 1/2 TURN L

1&2& Touch R toe to R, Step down on R, Touch L toe across R, Step down on R

3&4& Step R behind L, Step L to L, Step R across L, Step L to L

5&6& Touch R heel to R, Step down on R, Step L across R, Step R to R

7&8& Touch L heel to L, Make 1/4 Turn L onto L (9:00) , Step R forward, Pivot 1/2 Turn L onto L (3:00)