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A Bit Of A Crush

32 Count, 2 Wall, Improver

Choreographer: Gaye Teather (UK) June 2015
Choreographed to: Girl Crush by Little Big Town,
CD: Pain Killer (78 bpm – iTunes, Amazon)

Intro: 8 counts from start of track. Begin dancing on the word 'Girl'

Cross (with sweep). Cross. Out. Out & cross (x 2)

- 1 – 2 Cross Right over Left sweeping Left out to Left. Cross Left over Right
&3 Step Right out to Right side. Step Left out to Left side
(Move slightly back on counts &3 above)
&4 Step Right beside Left. Cross Left over Right
5 – 6 Cross Right over Left sweeping Left out to Left. Cross Left over Right
&7 Step Right out to Right side. Step Left out to Left side
(Move slightly back on counts &7 above)
&8 Step Right beside Left. Cross Left over Right

Side. Cross rock. Side. Cross rock. Together. Step. Pivot 1/2 turn Right x 2. Forward mambo. Hook

- & 1 – 2 Small step to Right on Right. Cross rock Left over Right. Recover onto Right
& 3 – 4 Small step to Left on Left. Cross rock Right over Left. Recover onto Left
& Step Right beside Left
5&6& Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. Pivot 1/2 turn Right (12 o'clock)
7&8& Rock forward on Left. Recover onto Right. Step back on Left. Hook Right in front of Left ankle
***Restart: Start from beginning at this point during wall 3 (You will be facing 12 o'clock)**

Step/sweep. Step/sweep. Step. Pivot 1/2 turn Left. Step. Step/sweep. Step/sweep.

Step. Pivot 1/2 turn Right. Step. Pivot 1/4 turn Right

- 1 - 2 Step forward on Right sweeping Left to Left side. Step forward on Left sweeping Right to Right side
3&4 Step forward on Right. Pivot 1/2 turn Left. Step forward on Right
5 – 6 Step forward on Left sweeping Right to Right side. Step forward on Right sweeping Left to Left side
7&8& Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. Pivot 1/4 turn Right (3 o'clock)

Cross rock. Syncopated weave Left. Cross rock. 1/4 turn Right. Left lock step forward

- 1 - 2 Cross rock (or lunge) Left over Right. Recover onto Right
&3&4 Step Left beside Right. Cross Right over Left. Step Left to Left side. Cross Right behind Left
& Step Left to Left side
5 – 6 Cross rock (or lunge) Right over Left. Recover onto Left
& 1/4 turn Right stepping forward on Right (6 o'clock)
7&8 Step forward on Left. Lock Right behind Left. Step forward on Left

Start again

This dance was choreographed for my Improver level dancers so that they can share the floor with the intermediates who dance Girl Crush by Rachael McEnaney and Alison Johnstone