

Fifty Shades

112 Count, 2 Wall, Intermediate

Choreographer: Tina S. Rasmussen, Benedikte &

Merethe Rike Grønlund, (May 2015)

Choreographed to: Love Me Like You Do by Ellie Goulding

Sequences: AA BA A(20 counts) CB BA(16 counts) DB A(20 counts)

Part A – 32 counts

A1: Side, cross over ¼ turn L, coaster step, Pivot turn L

- 1 RF Step R
- 2 LF cross over R
- & RF ¼ turn L, step back
- 3 LF step back
- 4 RF step back
- & LF Step together
- 5 RF Step forward
- 6 LF Step forward
- 7 RF ½ turn L (3.00)
- & LF ½ turn L (9.00)
- 8 RF Step forward

A2: Rock, recover X2, step out x2, ½ turn L, hold

- 1 LF Rock forward
- 2 RF Recover
- & LF together
- 3 RF Rock forward
- 4 LF Recover
- & RF Step out
- 5 LF Step out
- 6 RF cross over L
- 7 LF ½ turn L (3.00)
- 8 RF Hold

A3: Slide down , cross twinkle, hold

- 1 RF Point R, slide down
- 2 RF Touch R hand on the Floor
- 3 RF Rise
- 4 RF Drag towards LF
- 5 RF Cross over LF
- & LF Step beside RF
- 6 RF Step towards (4.30)
- 7 LF Step forward (4.30)
- 8 LF Hold

A4: Hold, 1 3/8 turn, weave, ½ turn, sweep

- 1 LF 3/8 turn L (12.00)
 - 2 RF ½ turn L (6.00)
 - 3 RF ½ turn L (12.00)
 - 4 RF Hold
 - 5 RF Cross over LF
 - & LF Step L
 - 6 RF Cross behind L
 - 7 LF ¼ turn L sweep RF forward (9.00)
 - 8 LF ¼ turn L sweep RF forward (6.00)
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Part B - 32 counts (starts always at 12.00)

B1: Step out, Ball hitch, step, cross, ¾ turn L, step, rock

& RF Step out
1 LF Step out (weight on RF)
2 LF Ball Hitch R (to the right)
3 RF step R
4 LF cross over RF
& RF Step side
5 LF cross behind RF
6 RF ¼ turn L step back (9.00)
& LF ½ turn L step forward (3.00)
7 RF Step forward
8 LF Rock forward

B2: Step back x2, side rock ½ turn, side rock, hold

1 RF Step back
2 LF Step back
& RF ¼ t L (12.00)
3 LF Step L
4 RF Rock R
5 LF Recover
6 RF ½ turn L rock R (6.00)
7 LF Recover
8 LF Hold

B3: Hip Bump x4

1 RF Touch in front (6.00)
2 RF Step down ½ turn L (12.00)
3 LF Touch in front
4 LF Step down ¼ turn R (3.00)
5 RF Touch in front
6 RF Step down ½ turn L (9.00)
7 LF Touch in front
8 LF Step down

B4: ½ Diamond, Spiral turn, unwind, Ball step, hold

1 RF Cross over L (10.30)
& LF Step L (12.00)
2 RF Step behind LF (1.30)
3 LF Step back (1.30)
& RF Step beside LF
4 LF Cross over RF (weight on LF)
5 LF Full turn unwind
6 LF Weight on LF
& RF Ball
7 LF Step forward (1.30)
8 RF Hold

Part C - 12 counts (Starting at 9.00)

C1: Full Diamond

1 RF Cross over LF(turn 2/8 over L) (7.30)
& LF Step forward
2 RF Step side (6.00)
3 LF Cross behind RF (turn 2/8 over L)
& RF Step back
4 LF Step side (turn 2/8 over L) (3.00)
5 RF Cross over LF (turn 2/8 over L) (1.30)
& LF Step forward
6 RF Step side (turn 2/8 over L) (12.00)
7 LF Cross behind RF (turn 2/8 over L)(10.30)
& RF Step back (turn 2/8 over L) (9.00)
8 LF Turn ¼ to L (6.00)

C2: 2 ½ turn forward diagonally
1 RF 3/8 turn to R step forward (10.30)
2 LF ½ turn R step back (4.30)
3 RF ½ turn R step forward (10.30)
4 LF 1 1/8 turn R (12.00)

Part D - 36 counts(starting at 3.00)

D1: Step, Full Diamond
1 RF Step forward (1.30)
2 LF Step forward
& RF Step side (2/8 turn L) (12.00)
3 LF Step back (10.30)
4 RF Step back
& LF Step side (2/8 turn L) (9.00)
5 RF Step forward (7.30)
6 LF Step forward
& RF Step side (2/8 turn L) (6.00)
7 LF Step back (4.30)
8 RF Step back

D2: "Shades" x 4 with ½ turns
1 LF ½ turn forward, sweep RF forward
2 RF Step down
3 LF ½ turn Ball RF sweep backwards
4 RF Step down
5 LF ½ turn Ball RF sweep forward
6 RF Step down
7 LF ½ turn Ball RF sweep backwards
8 RF Step down

D3: "Shades" x 1, Diamond
1 LF ½ turn Ball RF sweep forward
2 RF Cross over LF (10.30)
& LF Step L (turn 2/8 over R) (12.00)
3 RF Step back
4 LF Step back (turn 2/8 over R) (1.30)
& RF Step side (turn 2/8 over R)(3.00)
5 LF Cross over R (4.30)
6 RF Step forward
& LF Step side (turn 2/8 over R) (6.00)
7 RF Step back (turn 2/8 over R) (7.30)
8 LF Step back
& RF Step side (turn 2/8 over R) (9.00)

D4: Step, walk around in Circle, holdx2
1 LF Step forward (10.30)
2 RF Walk
3 LF Walk
4 RF Walk
5 LF Walk
6 RF Walk
7 BF Hold (12.00) (Stretch your arms
8 BF Hold forward towards the sky..)

D5: Hold x4
1-4 BF Hold

Starts on 5....

Ending: Dance Part A to count 20, turn ¾ (instead of ½ turn) turn to the front..... (12.00)
Enjoy this fantastic music... and dance!